

Nanomolar vitamin E α -tocotrienol inhibits glutamate-induced activation of phospholipase A₂ and causes neuroprotection

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Abstract

Our previous works have elucidated that the 12-lipoxygenase pathway is directly implicated in glutamate-induced neural cell death, and that such toxicity is prevented by nM concentrations of the natural vitamin E α -tocotrienol (TCT). In the current study we tested the hypothesis that phospholipase A₂ (PLA₂) activity is sensitive to glutamate and mobilizes arachidonic acid (AA), a substrate for 12-lipoxygenase. Furthermore, we examined whether TCT regulates glutamate-inducible PLA₂ activity in neural cells. Glutamate challenge induced the release of [³H]AA from HT4 neural cells. Such response was attenuated by calcium chelators (EGTA and BAPTA), cytosolic PLA₂ (cPLA₂)-specific inhibitor (AACOCF₃) as well as TCT at 250 nM. Glutamate also caused the elevation of free polyunsaturated fatty acid (AA and docosa-

hexaenoic acid) levels and disappearance of phospholipid-esterified AA in neural cells. Furthermore, glutamate induced a time-dependent translocation and enhanced serine phosphorylation of cPLA₂ in the cells. These effects of glutamate on fatty acid levels and on cPLA₂ were significantly attenuated by nM TCT. The observations that AACOCF₃, transient knock-down of cPLA₂ as well as TCT significantly protected against the glutamate-induced death of neural cells implicate cPLA₂ as a TCT-sensitive mediator of glutamate induced neural cell death. This work presents first evidence recognizing glutamate-induced changes in cPLA₂ as a novel mechanism responsible for neuroprotection observed in response to nanomolar concentrations of TCT.

Keywords: α -tocotrienol, glutamate, neurotoxicity, vitamin E. *J. Neurochem.* (2010) **112**, 1249–1260.

Natural vitamin E is a generic term for eight congeners including four tocopherols and four tocotrienols which qualitatively exhibit the biological activity of α -tocopherol (Sen *et al.* 2007b; Harvard Health Publications 2008). Compared to tocopherols, tocotrienols have been poorly studied (Sen *et al.* 2006, 2007b; Miyamoto *et al.* 2009). It is clear, however, that members of the vitamin E family are not redundant with respect to their biological functions. α -Tocotrienol, γ -tocopherol, and δ -tocotrienol have emerged as vitamin E molecules with functions in health and disease that are clearly distinct from that of α -tocopherol (Hensley *et al.* 2004; Sen *et al.* 2006, 2007b; Miyamoto *et al.* 2009). At concentrations 25–50 μ M, α -tocopherol uniquely regulates specific signal transduction pathways by mechanisms that are independent of its antioxidant properties (Boscoboinik *et al.* 1994). Micromolar amounts of tocotrienol, not tocopherol, suppress the activity of hydroxy-3-methylgluta-

ryl coenzyme A reductase (Pearce *et al.* 1992, 1994). Tocotrienols possess anti-cancer and cholesterol lowering properties that are often not exhibited by tocopherols (Theriault *et al.* 1999; Packer *et al.* 2001; Schaffer *et al.*

Received July 30, 2009; revised manuscript received November 25, 2009; accepted December 4, 2009.

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Abbreviations used: 12-Lox, 12-lipoxygenase; AA, arachidonic acid; BSA, bovine serum albumin; cPLA₂, cytosolic PLA₂; DMEM, Dulbecco's Modified Eagle's Medium; HPETE, hydroperoxyeicosatetraenoic acid; PBS, phosphate-buffered saline; PLA₂, phospholipase A₂; PUFA, polyunsaturated fatty acid; SDS-PAGE, sodium dodecyl sulfate-polyacrylamide gel electrophoresis; TBST, Tris-buffered saline Tween-20; TCT, α -tocotrienol.

2005; Sen *et al.* 2007a; Miyazawa *et al.* 2009). Structurally, tocotrienols differ from tocopherols by possessing a farnesyl (isoprenoid) rather than a saturated phytyl side chain. Ten years ago we have reported first evidence demonstrating that at nanomolar concentration, α -tocotrienol, not α -tocopherol, prevents stroke-related neurodegeneration (Sen *et al.* 2000). During the last decade our laboratory has published a series of reports characterizing the molecular mechanisms that explain such potent unique neuroprotective activity of tocotrienol (Khanna *et al.* 2003, 2005a, 2006, 2007; Park *et al.* 2009) and demonstrating that tocotrienol protects against stroke *in vivo* (Khanna *et al.* 2005b). On a concentration basis, this finding represents the most potent of all biological functions exhibited by any natural vitamin E molecule. Recent studies from several laboratories have consistently reported the potent unique neuroprotective properties of tocotrienol in several different experimental settings (Osakada *et al.* 2004; Shichiri *et al.* 2007).

Murine HT hippocampal neural cell line, lacking the intrinsic excitotoxicity-pathway, represent an useful model to characterize redox-sensitive pathways involved in neurotoxicity (Schubert and Piasecki 2001; Tan *et al.* 2001; Dargusch and Schubert 2002; Khanna *et al.* 2003, 2006, 2007; Xu *et al.* 2007). Our studies on HT cells have recognized the 12-lipoxygenase (12-Lox) pathway as a glutamate-inducible mechanism that is directly implicated in neural cell death and inhibited by tocotrienol (Khanna *et al.* 2003; Park *et al.* 2009). The primary substrate of the 12-Lox pathway, a key mediator of neural cell death (Li *et al.* 1997), is arachidonic acid (AA) mobilized from the cell membrane. Phospholipase A₂ (PLA₂) is an important membrane phospholipid-hydrolyzing enzyme that cleaves membrane phospholipids at the *sn*-2 position to release AA and other free unsaturated fatty acid and lysophospholipid (Dennis *et al.* 1991). PLA₂s present in mammalian cells have been broadly categorized under three main groups such as cytosolic PLA₂ (cPLA₂), secretory PLA₂, and intracellular PLA₂ depending on their substrate specificities, requirement for calcium, and lipid modification (Chakraborti 2003). PLA₂, especially the cPLA₂ form, is emerging as a key player in neurotoxicity and neurodegenerative diseases associated with ischemia-reperfusion and oxidant injury (Sapirstein and Bonventre 2000; Sun *et al.* 2004; Adibhatla and Hatcher 2008). Brain contains predominantly two types of polyunsaturated fatty acids (PUFAs), namely arachidonic and docosahexanoic acids as esters in the *sn*-2 position of phospholipids which are released upon hydrolysis by PLA₂ for subsequent conversion of those PUFAs into eicosanoids (hydroperoxyeicosatetraenoic acid, HPETE) by Lox including 12-Lox (Tassoni *et al.* 2008). Arachidonic acid-derived eicosanoids are directly implicated in neurodegenerative diseases (Tassoni *et al.* 2008). We therefore sought to examine whether glutamate-induced PLA₂ function in neural cells is sensitive to tocotrienol. This study provides evidence

demonstrating that in neural cells glutamate may induce the release of AA via activation of cPLA₂. Furthermore, this study recognizes inducible PLA₂ as a target of tocotrienol action in the degenerating neural cell.

Materials and methods

Materials

L-glutamic acid monosodium salt, dimethyl sulfoxide, 1,2-bis-(*o*-aminophenoxy)ethane-*N,N,N',N'*-tetraacetic acid tetra-(acetoxymethyl) ester (BAPTA-AM), EGTA, and lactate dehydrogenase (LDH) cytotoxicity assay kit were obtained from Sigma Chemical Co. (St. Louis, MO, USA). α -Tocotrienol (TCT, 90%) was obtained from Carotech Inc, Edison, NJ, USA. For cell culture, Dulbecco's Modified Eagle's Medium (DMEM), fetal calf serum, and antibiotics (penicillin and streptomycin) were purchased from Invitrogen Corporation (Carlsbad, CA, USA). Cell culture dishes were obtained from Nunc (Roskilde, Denmark). [³H]Arachidonic acid (AA) was from American Radiolabeled Chemicals, Inc. (St. Louis, MO, USA). AACOCF₃ was procured from Cayman Chemical (Ann Arbor, MI, USA). cPLA₂ α inhibitor was obtained from Calbiochem, San Diego, CA, USA. Primary rabbit polyclonal antibodies developed against cPLA₂ and phosphoserine (Ser505)-cPLA₂ were obtained from Cell Signaling Technology, Inc (Danvers, MA, USA). Secondary anti-Rabbit IgG was obtained from Amersham Pharmacia Biotech, Piscataway, NJ, USA.

Cell culture and treatments

Murine hippocampal HT4 neural cells, originally provided by D.E. Koshland Jr., University of California, Berkeley, were grown in DMEM supplemented with 10% fetal calf serum, penicillin (100 units/mL), and streptomycin (100 μ g/mL) at 37°C in a humidified atmosphere containing 95% air and 5% CO₂ (Sen *et al.* 2000). Confluent cells were trypsinized and sub-cultured at specified density under the standard culture conditions as described before (Khanna *et al.* 2003, 2005b, 2006, 2007). The cells were then exposed to 10 mM of L-glutamate for the specified duration. Wherever pre-treatment with the chosen pharmacological agent was necessary, the cells were pre-treated with the pharmacological agent alone for the specified length of time, following which the cells were subjected to treatment with the experimental compound. Stock solutions of TCT were prepared in ethanol. Respective controls were treated with an equal volume (0.1%, v/v) of ethanol. TCT (at a final concentration of 250 nM) was added to the culture dishes 10 min before glutamate challenge.

Cell viability assay

Viability of cells was assessed by measuring cellular lactate dehydrogenase content and release from cells into the medium following glutamate challenge using a *in vitro* toxicology assay kit (Sigma Chemical Co.) as previously described (Khanna *et al.* 2003, 2005b, 2006, 2007).

Cell morphology examination

Morphology of HT4 cells following treatments was determined by phase-contrast microscopic examination on Zeiss Axiovert 200M microscope (Thornwood, NY, USA). Digital images of cells grown on cell culture plates were captured at 10 \times magnification.

PLA₂ assay in intact cells

Phospholipase A2 activity in the intact HT4 cells was assayed by determining the release of AA into the medium (Verity *et al.* 1994; Lin *et al.* 1996; Mazerik *et al.* 2007). The release of [³H]AA into the medium from cells pre-labeled overnight with [³H]AA (carrier free, 0.5 μCi/dish), as an index of PLA₂ activity, following treatments with DMEM alone or DMEM containing the chosen pharmacological agent(s) alone or glutamate (10 mM) alone or chosen pharmacological agent(s) + glutamate (10 mM) for the desired length of time. At the end of the experiment, culture medium was collected, centrifuged at 1000 g, and radioactivity in the medium was determined on a liquid scintillation counter. PLA₂ activity was expressed as the [³H]AA released into the medium in DPM/dish (3×10^4 cells).

Determination of fatty acids

Following treatments of HT4 neuronal cells at different designated times, cellular lipids were extracted by the Folch extraction method with 2 : 1 chloroform and methanol (vol/vol) and the lipid extracts were taken to dryness under a stream of nitrogen. Once dry, lipid extracts were immediately re-dissolved in a small amount of chloroform : methanol (10 : 1) and capped under nitrogen. Total phospholipid and free fatty acids were then isolated by TLC. Briefly, under N₂ environment, lipid extracts were applied to high performance thin layer silica G plates and developed in distilled petroleum ether, diethyl ether, acetic acid (80 : 20 : 1 v/v/v). Lipid classes were visualized by dichlorofluorescein spray under UV light. Corresponding bands for polar lipids (total PL) and free fatty acids were scraped into screw cap tubes. Isolated lipid bands were then dissolved in chloroform and derivatized with 10% boron trifluoride in excess methanol at 70°C. The resulting fatty acid methyl esters were analyzed by capillary gas chromatography employing a Shimadzu GC20 with a 50 m polar capillary column (Quadrex 007-FFAP, New Haven, CT, USA). Fatty acids were identified by comparison to authentic controls and data were expressed in percent (mol%) composition.

Glutathione assay

Cellular glutathione levels were determined using the GSH-Glo glutathione assay kit (Promega, Madison, WI, USA). After 8 h of glutamate exposure, cells were washed twice with phosphate-buffered saline (PBS) and harvested. Next, cells were centrifuged at 200 g for 5 min in 4°C, and 110 μL PBS was added to the pellet. The supernatant (25 μL) was used to detect glutathione levels and protein content. For analysis of total protein content, cells were pelleted, lysed and subjected to bicinchoninic acid protein assay.

Subcellular fractionation

Cells (1×10^6 cells/100 mm dish) were cultured for 24 h before exposure to glutamate (10 mM) challenge. After 30 min of glutamate exposure, cells were washed twice with PBS and harvested using cell lifter. Subcellular fractionation of cells was performed using the Qproteome cell compartment kit (Qiagen, Valencia, CA, USA).

Western blot analysis

Cytosolic PLA₂ and phosphoserine-cPLA₂ in HT4 cells following glutamate treatment were detected by sodium dodecyl sulfate-

polyacrylamide gel electrophoresis (SDS-PAGE) and western blotting analysis as described previously (Sen *et al.* 2000) utilizing the rabbit primary anti-cPLA₂ and anti-phosphoserine-cPLA₂ antibodies. Following exposure of cells to DMEM or DMEM containing glutamate (10 mM) for the desired lengths of time, cells were rinsed twice with ice-cold PBS, scraped in 200 μL of lysis buffer containing 20 mM Tris-HCl (pH, 7.4), 150 mM NaCl, 2 mM EGTA, 5 mM glycerophosphate, 1 mM MgCl₂, 1% Triton X-100, 1 mM sodium orthovanadate, 10 μg/mL protease inhibitors, 1 μg/mL aprotinin, 1 μg/mL leupeptin, 1 mM phenylmethyl-sulfonyl fluoride, and 1 μg/mL pepstatin, incubated at 4°C for 10 min and were cleared by centrifugation in a microfuge at 10 000 g for 5 min at 4°C. After determination of the total protein in the lysates, 5× Laemmli sample buffer was added to cell lysates (20–40 μg of protein/lane) and boiled for 5 min. Proteins were separated on 4–12% gels by SDS-PAGE and transferred onto polyvinylidene difluoride membranes. After blocking in 10% blotting-grade blocker non-fat dry milk for 2.5 h at 22°C membranes were incubated with Tris-Buffered Saline Tween-20 (TBST) containing 3% milk for 12 h at 4°C with rabbit primary anti-cPLA₂, anti-phosphoserine-cPLA₂ antibodies (1 : 1000 dilution). To evaluate loading efficiency, membranes were probed with anti-glyceraldehyde 3-phosphate dehydrogenase (cytosolic), anti-lamin A (nuclear protein) or anti-β-actin (plasma membrane protein) antibodies.

Immunofluorescence microscopy of cPLA₂ and phosphoserine-cPLA₂

Formation of phosphoserine-cPLA₂ was analyzed by immunofluorescence microscopy as described previously (Varadharaj *et al.* 2006). Cells grown on sterile glass coverslips were treated with DMEM alone or DMEM containing glutamate (10 mM) for the desired length of time and then rinsed three times with PBS, and fixed with 3.7% formaldehyde in PBS for 10 min at 22°C. The cells were then rinsed three times with PBS and permeabilized with 0.25% Triton X-100 prepared in TBS containing 0.01% Tween-20 (TBST) for 5 min. Next, the cells were washed three times with TBST, and treated with TBST containing 1% bovine serum albumin (BSA) blocking buffer for 30 min at 22°C. The cells were incubated for 1 h at 22°C with the primary rabbit antibodies [cPLA₂ and phosphoserine-cPLA₂ antibodies (1 : 200 dilution)] in 1% BSA solution in TBST. After rinsing three times with TBST, the cells were treated with AlexaFluor 488 (1 : 200 dilution) in 1% BSA in TBST for 1 h. Immunofluorescent images were captured using a Zeiss Axiovert 200M microscope supported with a AxioVision™ imaging system.

siRNA knock-down of cPLA₂ gene expression

HT4 cells (0.1×10^6 cells/well in 12-well plate) were cultured in antibiotic-free medium for 24 h prior to transfection. DharmaFECT™ 1 transfection reagent (Dharmacon RNA technologies, Lafayette, CO, USA) was used to transfect the cells with 100 nM siGENOME SMARTpool (Dharmacon RNA technologies) for 72 h according to the manufacturer's protocol. The SMARTpool technology reduces false negatives by targeting four mRNA regions at once with a single, highly functional reagent. For control cells, siControl non-targeting siRNA pool (mixture of four siRNAs designed to have ≥ 4 mismatches with the corresponding

mouse gene) was used. A transfection efficiency of > 90% was achieved. Cells were then harvested and seeded and 12 h after culturing, the medium was changed followed by treatment with glutamate. For determination of mRNA and protein expression, samples were collected 72 h after siRNA transfection. Total RNA was isolated from cells using the Absolutely RNA[®] Miniprep kit (Stratagene, La Jolla, CA, USA). The abundance of mRNA for cPLA₂ was determined using the real-time PCR. The double-stranded DNA binding dye SYBR green-I was used. The following primer sets based on the NM_008869, *Mus musculus* phospholipase A₂, group IVA (cytosolic, calcium-dependent) (Pla2g4a) mRNA were used:

m_GAPDH F: 5'-ATGACCACAGTCCATGCCATCACT-3'
 m_GAPDH R: 5'-TGTTGAAGTCGACAGGAGACAACCT-3'
 m_cPLA₂ IVA F: 5'-AAGGCTCTACAATGGAAGAGGAATT-3'
 m_cPLA₂ IVA R: 5'-ACGTCCTTCTCGGGTATTGAATAA-3'

Cytosolic PLA₂ protein expression in the transfected cells was determined by subjecting the cell lysates (20 µg of protein/lane) to the SDS-PAGE (4–12% gel) and western blotting with primary rabbit anti-cPLA₂ antibody as described above. To validate the protein loading efficiency, polyvinylidene difluoride membranes were probed with anti-β-actin antibody.

Statistical analysis

Statistical analysis of data were performed using SPSS Statistics software (v17.0, Chicago, IL, USA). All data are reported as mean ± SD. Comparison between groups were tested using Student's *t*-test or one-way analysis of variance with Tukey's *post-hoc* test as indicated in respective figure legends. *p* < 0.05 was considered statistically significant.

Results

Glutamate induced release of arachidonic acid

Previously we have reported that glutamate induces the activation of 12-Lox in neural cells (Khanna *et al.* 2003, 2005b, 2006). As PLA₂ provides free arachidonic acid from the membrane phospholipids as the substrate for Lox for the formation of HPETEs and leukotrienes, here we investigated whether glutamate would induce the release of arachidonic acid in HT4 cells. Release of arachidonic acid from the *sn*-2 position of the cell membrane phospholipids upon hydrolysis mediated by PLA₂ serves as an index of PLA₂ activity in intact cells. Hence, we examined the release of [³H] arachidonic acid from HT4 cells pre-labeled with [³H] arachidonic acid as an index of PLA₂ activation. In the control untreated cells, there was a steady and significant increase in the release of arachidonic acid in a time-dependent fashion representing residual cellular lipase activity under resting conditions (Fig. 1a). In glutamate-treated cells, as compared to the control untreated cells at 30 min of treatment, a significant enhancement (10-fold) of arachidonic acid release was observed. Upon prolonging the time of treatment with glutamate up to 60 min, a further significant increase in the extent of arachidonic acid release was evident.

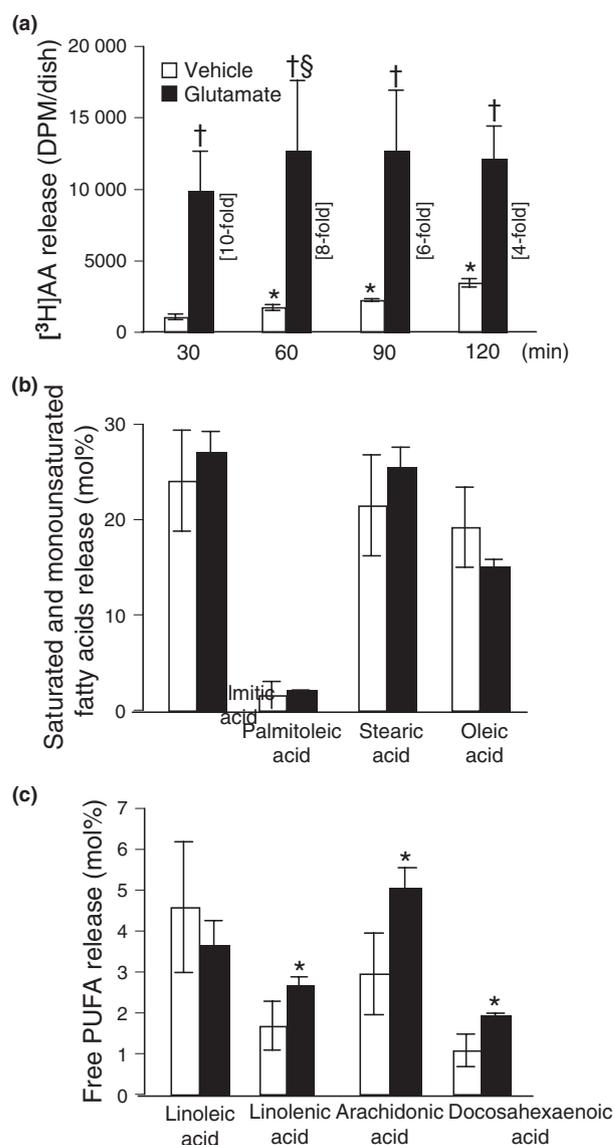


Fig. 1 Glutamate induces release of arachidonic acid (AA) and formation of free polyunsaturated fatty acids (PUFA). After labeling with [³H]AA (0.5 µCi/dish) overnight, cells were treated with L-glutamate (10 mM; closed bars) or not (open bars) in DMEM for 30–120 min, following which release of [³H]AA into medium was measured (a). Free saturated and monounsaturated fatty acid levels (b) and free PUFA levels (c) in cells following 30 min of glutamate exposure were determined by GC as described in *Materials and Methods*. Experiments were conducted in triplicates and data represent means ± SD of three independent experiments. **p* < 0.05 as compared to the untreated control cells at 30 min of treatment; †*p* < 0.05 as compared to the untreated control cells at 30 min of treatment. §*p* < 0.05 as compared to glutamate-treated cells at 30 min of treatment. Statistical significance was determined by ANOVA.

No further increase in arachidonic acid release was noted during 60–120 min. Overall, these results demonstrated that glutamate challenge significantly induces the release of

arachidonic acid from neural cells, suggesting the activation of PLA₂ by glutamate.

Glutamate induced formation of free polyunsaturated fatty acids

Another complementary approach of determining the PLA₂ activation is following the formation of free PUFAs because of their release from the cell membrane phospholipids that is mediated by the action of PLA₂. GC analysis of fatty acids formed in HT4 cells treated with glutamate demonstrated that the extent of release of saturated (palmitic and stearic) and monounsaturated fatty acids (palmitoleic and oleic) from the glutamate-challenged cells was not altered as compared to control untreated cells under identical conditions, suggesting that glutamate did not induce the hydrolysis of fatty acids esterified in the *sn-1* position of the phospholipids and the monounsaturated fatty acids esterified in the *sn-2* position (Fig. 1b). On the other hand, the extent of formation of PUFAs (linolenic, arachidonic, and docosahexaenoic) was significantly elevated in the glutamate-treated cells (Fig. 1c), suggesting that glutamate preferentially induced the hydrolysis of PUFAs esterified at the *sn-2* position of the HT4 cell membrane phospholipids through PLA₂ activation.

Calcium chelators attenuate glutamate-induced arachidonic acid release

Cytosolic calcium-dependent PLA₂ (cPLA₂) is known to be activated by a wide variety of agonists, then causes the hydrolysis of *sn-2* esterified PUFAs in the membrane phospholipids, and sets them free (Hirabayashi and Shimizu 2000; Nito *et al.* 2008). Therefore, we were led to investigate the role of calcium-dependent cPLA₂ in the glutamate-induced release of arachidonic acid from cells by utilizing the calcium-chelating agents. The intracellular calcium chelator, BAPTA, caused a significant attenuation (70% decrease) of the arachidonic acid release in HT4 cells treated with glutamate as compared to the cells treated with glutamate alone under identical conditions (Fig. 2a). However, the extracellular calcium chelator, EGTA, was also effective in causing a significant decrease of arachidonic acid release from the glutamate-treated cells as compared to the same in the cells treated with glutamate alone (45% decrease) under identical conditions (Fig. 2b). These results revealed that intracellular calcium played a greater role in causing the glutamate-induced release of arachidonic acid, suggesting the activation of cPLA₂ in HT4 cells. Under resting conditions, neural cells are known to actively limit [Ca²⁺]_i to nM levels (Ross 1989). High [Ca²⁺]_i (μM–mM) is required to activate cPLA₂ (Yoshihara and Watanabe 1990). Thus, it is not surprising that the basal level of [³H] AA release in control was not sensitive to Ca²⁺ chelators. Basal [³H] AA release in control cells are expected to be contributed by

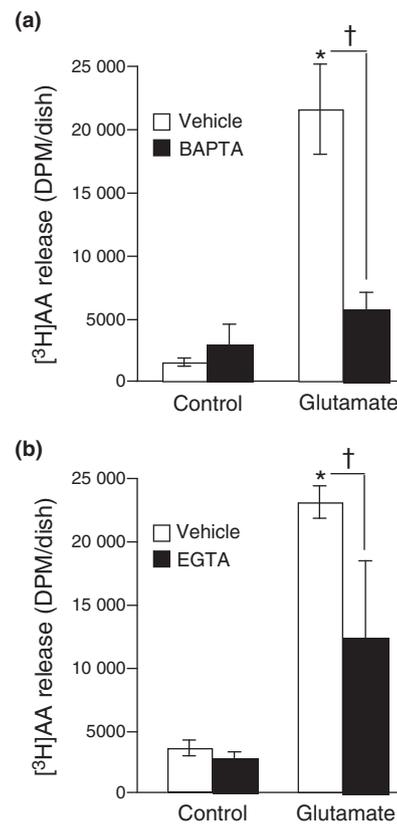


Fig. 2 Calcium chelators attenuate glutamate-induced arachidonic acid release. After labeling with [³H]AA (0.5 μCi/dish) overnight cells were pre-treated with BAPTA (100 nM, closed bars) and then treated with L-glutamate (10 mM) (a) for 30 min or treated with EGTA (1 mM, closed bars) and L-glutamate (10 mM) (b) for 30 min in DMEM. At the end of incubation, release of [³H]AA into medium was measured as described in *Materials and Methods*. Experiments were conducted in triplicates and data represent means ± SD of three independent experiments. **p* < 0.05 as compared to the untreated control cells at 30 min of treatment; †*p* < 0.05 as compared to the cells treated with L-glutamate alone for 30 min. Statistical significance was determined by ANOVA.

Ca²⁺-independent phospholipases (Lee *et al.* 2007; Kurusu *et al.* 2008) as well as diacylglycerol lipase (Yoshida *et al.* 2006).

Glutamate-induced arachidonic acid release is cPLA₂-dependent

To test whether glutamate-induced arachidonic acid release from neural cells was mediated by cPLA₂ activation we utilized two widely used cPLA₂-specific inhibitors, AACOCF₃ and a cPLA₂α inhibitor. Both AACOCF₃ as well as the cPLA₂α inhibitor significantly attenuated the glutamate-induced arachidonic acid release from cells compared to the same in the cells treated with glutamate alone for 30 min (Fig. 3a). These results revealed that glutamate induced release of cellular arachidonic acid was cPLA₂ dependent. Of

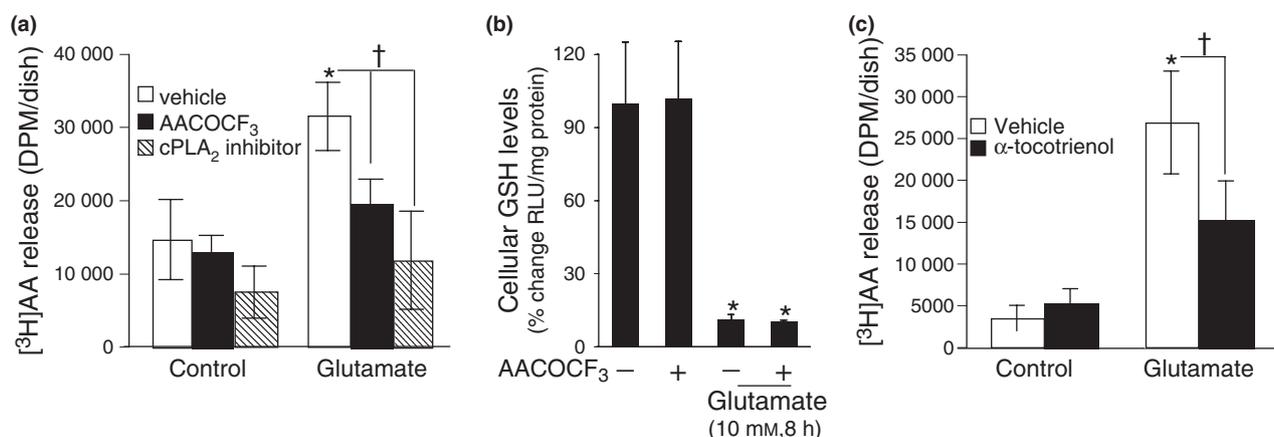


Fig. 3 cPLA₂-specific inhibitors and α -tocotrienol attenuate glutamate-induced arachidonic acid release. Cells, after labeling with [³H]AA (0.5 μ Ci/dish) overnight, were pre-treated with (a) AACOCF₃ (5 μ M) or cPLA₂ α inhibitor (5 μ M) for 1 h or (c) α -tocotrienol (250 nM) for 10 min and then treated with L-glutamate (10 mM) for 30 min in DMEM. At the end of incubation, release of [³H]AA into medium was measured as described in *Materials and Methods*. The cPLA₂ inhibitor AACOCF₃ does not prevent glutamate induced GSH loss in HT4 cells

(b). Cells (1×10^6 cells/100 mm dish) were pre-treated with AACOCF₃ (5 μ M) for 2 h and then treated with L-glutamate (10 mM) for 8 h, following which GSH levels were measured. Experiments were conducted in triplicates and data represent means \pm SD of three independent experiments. * $p < 0.05$ as compared to the untreated control cells at 30 min of treatment; † $p < 0.05$ as compared to the cells treated with L-glutamate alone for 30 min. Statistical significance was determined by ANOVA.

note in this context is the observation that inhibition of cPLA₂ using AACOCF₃ did not influence glutamate-induced cellular GSH loss suggesting that cPLA₂ is not implicated in such outcome (Fig. 3b).

α -Tocotrienol attenuates glutamate-induced arachidonic acid release

Previously we have reported that TCT inhibits the glutamate-induced activation of 12-Lox (Khanna *et al.* 2003, 2006). It is also established that arachidonic acid release from membrane phospholipids upon hydrolysis by PLA₂ acts as a substrate for Lox towards the formation of HPETEs and leukotrienes (Hirabayashi and Shimizu 2000). Therefore we investigated whether TCT would attenuate the glutamate-induced release of arachidonic acid from HT4 cells. As shown in Fig. 3(c), nanomolar TCT significantly attenuated glutamate-induced release of arachidonic acid from cells as compared to the same in cells treated with glutamate alone under identical conditions. This observation leads to the hypothesis that TCT attenuated the glutamate-induced cPLA₂ activation in HT4 cells.

α -Tocotrienol attenuates glutamate-induced formation of free polyunsaturated fatty acids

Hydrolysis of membrane phospholipids results in mobilization of free PUFA in cells. We were therefore led to test whether TCT attenuates the formation of free PUFAs in HT4 cells challenged with glutamate. TCT significantly attenuated the glutamate-induced formation of free arachidonic acid (60% decrease) and docosahexaenoic acid (40% decrease) as compared to the same in the cells treated with glutamate

alone under identical conditions (Fig. 4a and b). These results suggest that glutamate-induced PLA₂ activation is sensitive to TCT.

α -Tocotrienol attenuates glutamate-induced loss of arachidonic acid from phospholipids

Loss of PUFAs from membrane phospholipids, especially arachidonic acid at the *sn*-2 position, can serve as an index of PLA₂ activation. Following the treatment of cells with glutamate for 30 min, a significant decrease in arachidonic acid in the total phospholipid pool was observed as compared to the same in the control untreated cells under identical conditions (Fig. 4c). Also, TCT treatment offered a significant and complete attenuation of the glutamate-induced decrease in arachidonic acid levels of cellular phospholipids. These results demonstrate that the glutamate-induced loss of arachidonic acid content of cellular phospholipids, presumably mediated by PLA₂, was attenuated by TCT.

Glutamate induced translocation and serine phosphorylation of cPLA₂

Activation of cPLA₂ is known to be associated with cellular translocation and serine phosphorylation (Hirabayashi and Shimizu 2000; Nito *et al.* 2008). Also, our previous experiments of the current study revealed that cPLA₂-specific inhibitors attenuated the glutamate-induced release of arachidonic acid from cells, suggesting that cPLA₂ as a target for glutamate-induced activation. Therefore, we investigated whether glutamate would induce the translocation and serine phosphorylation of cPLA₂. Glutamate

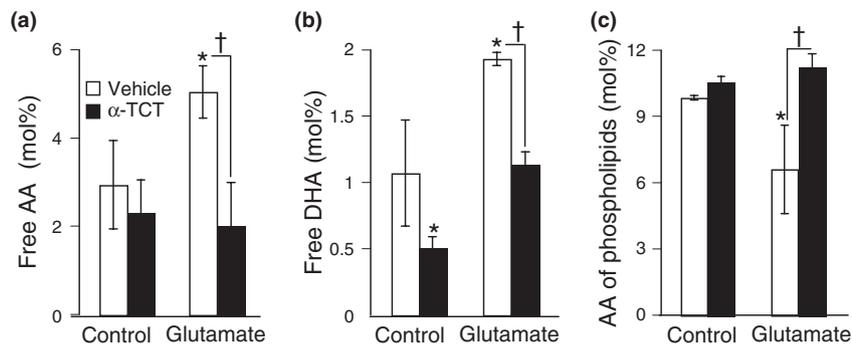


Fig. 4 α-Tocotrienol attenuates glutamate-induced formation of free polyunsaturated fatty acids (PUFA) and loss of arachidonic acid from cellular phospholipids. Cells were pre-treated with α-tocotrienol (250 nM, closed bars) or not (open bars) for 10 min and then treated with L-glutamate (10 mM) in DMEM for 30 min, following which free PUFA levels [arachidonic acid (a), docosahexaenoic acid (b)] in the cells or arachidonic acid levels in cellular phospholipids (c) were

determined by GC as described in *Materials and Methods*. Experiments were conducted in triplicates and data represent means ± SD of three independent experiments. **p* < 0.05 as compared to the untreated control cells at 30 min of treatment; †*p* < 0.05 as compared to the cells treated with L-glutamate alone for 30 min. Statistical significance was determined by ANOVA.

challenge induced translocation of cPLA₂ as determined by western blot of subcellular fractions (Fig. 5a). Under non-challenged basal conditions cPLA₂ was primarily localized in the cytosol of neural cells as expected (Kishimoto *et al.* 1999). Challenge by glutamate resulted in rapid translocation of cPLA₂ to the nucleus and plasma membrane. Nuclear translocation of cPLA₂ is known to occur by a [Ca²⁺]_i dependent mechanism (Schievella *et al.* 1995; Sheridan *et al.* 2001). The association of cPLA₂ with intracellular

membranes is central to the generation of free arachidonic acid (Jupp *et al.* 2003; Hastings *et al.* 2009). cPLA₂ is known to be activated by phosphorylation at Ser505 (Pavicevic *et al.* 2008). Consistent with the rapid translocation of cPLA₂ that took place within the first 30 min of glutamate challenge, glutamate-induced Ser505 phosphorylation of cPLA₂ was noted 15 and 30 min after challenge. This response was transient and subsided after 1 h of glutamate challenge (Fig. 5b).

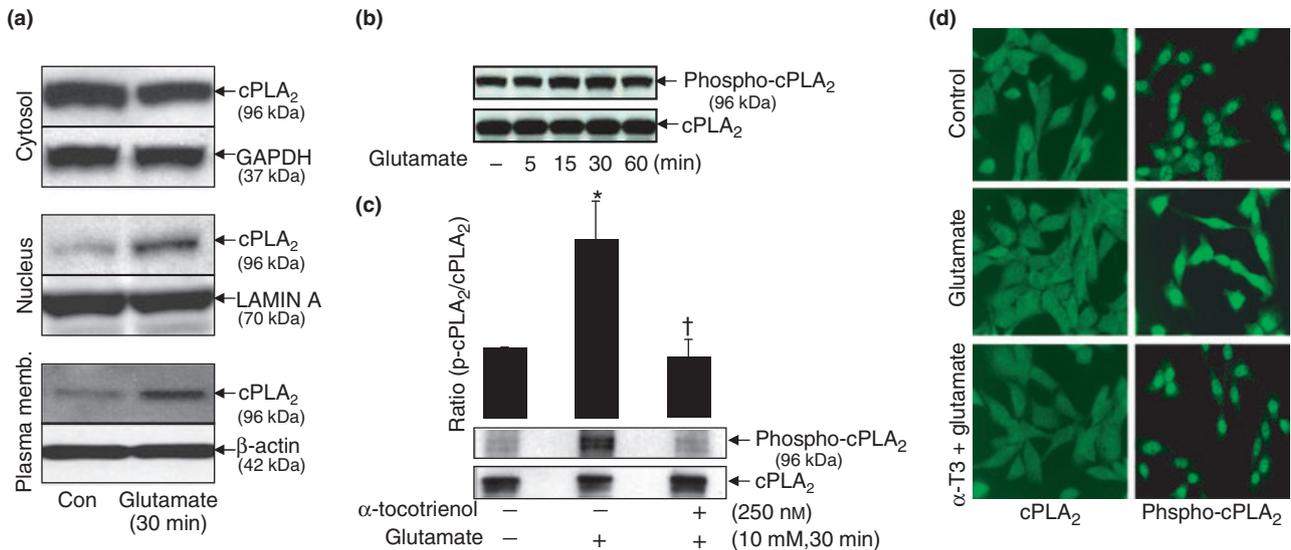


Fig. 5 Glutamate induces translocation and serine phosphorylation of cPLA₂ in a tocotrienol-sensitive manner. cPLA₂ translocation in subcellular fractions (cytosol, nucleus, and plasma membrane) was detected by western blots (a) and normalized against house keeping proteins as described in *Materials and Methods*. Cells were treated with L-glutamate (10 mM) for 0–60 min (b) or were pre-treated with α-tocotrienol (250 nM) for 10 min and then were exposed to glutamate (10 mM) for 30 min (c), following which cPLA₂ and phosphoserine-cPLA₂ were detected in the cellular proteins by western blots (b and c) and *in situ* by immunofluorescence microscopy (d) as described in *Materials and Methods*. **p* < 0.05 as compared to the untreated control cells at 30 min of treatment; †*p* < 0.05 as compared to the cells treated with L-glutamate alone for 30 min. Magnification 20×.

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α -Tocotrienol attenuated glutamate-induced Ser505 phosphorylation of cPLA₂

Of striking interest is our observation that nanomolar TCT can inhibit glutamate-inducible Ser505 phosphorylation of cPLA₂ (Fig. 5c). The key significance of this finding lies in the fact that this phosphorylation is recognized as being critical in enabling the catalytic function of cPLA₂ (Pavicevic *et al.* 2008). Given that extracellular regulated kinase 1/2 is responsible for this phosphorylation (Pavicevic *et al.* 2008), our finding is consistent with our previous report demonstrating that nanomolar TCT inhibits glutamate-induced activation of extracellular regulated kinase 1/2 (Sen *et al.* 2000). Pre-treatment of cells with TCT significantly attenuated Ser505 phosphorylation of cPLA₂ in cells exposed to glutamate for 30 min as revealed by western blot (Fig. 5c) and immunofluorescence microscopy (Fig. 5d).

Inhibition of glutamate-induced cPLA₂ activity was neuroprotective

To determine the functional significance of glutamate-induced cPLA₂ activation on associated neurotoxicity, the effects of AACOCF₃ (a known inhibitor of cPLA₂) and that of TCT (inhibits glutamate-induced cPLA₂, results of this study) were tested. Glutamate alone, 24 h after treatment, caused massive loss of cell viability. Treatment of cells with

TCT or AACOCF₃ offered significant protection (Fig. 6a–c). These results indicate that cPLA₂ activation by glutamate directly contributes to cell death and that the inducible cPLA₂ inhibitory effects of TCT contribute towards its neuroprotective properties.

Knock-down of cPLA₂ attenuated glutamate-induced neurotoxicity

Experiments to establish the procedure of transient knock-down of cPLA₂ expression in HT4 cells showed a significant 90% decrease in the cPLA₂ mRNA expression and 96% decrease in the cPLA₂ protein expression, respectively following the transfection of cells with the cPLA₂-directed siRNA (Fig. 7a and b). Glutamate-induced loss of cell viability was significantly attenuated in cells subjected to knock-down of cPLA₂ (Fig. 7c). This line of observation, taken together with results from studies employing pharmacological inhibitor, establishes that cPLA₂ plays a critical role in the glutamate-induced neurotoxicity.

Discussion

Members of the natural vitamin E family possess overlapping as well as unique functional properties. Among the natural vitamin E molecules, d- α -tocopherol (RRR- α -tocopherol) is

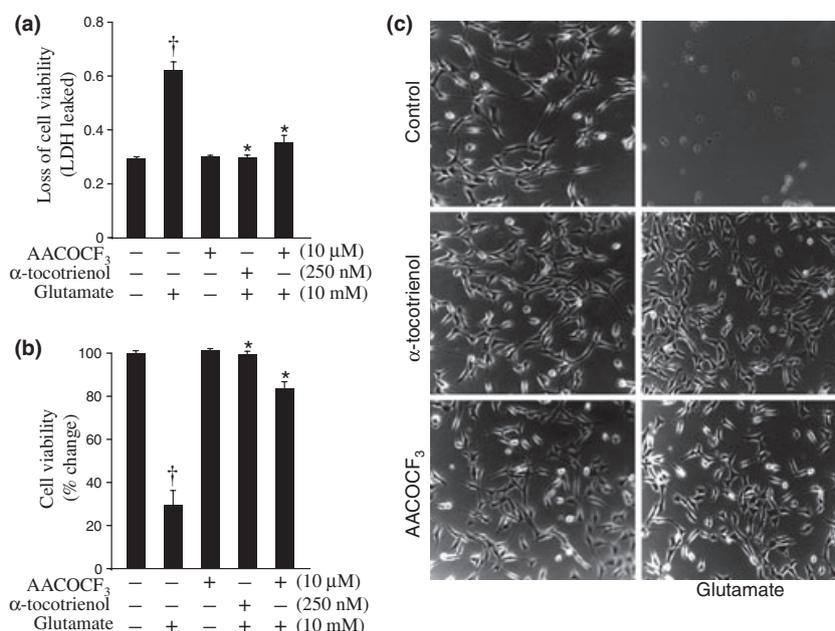


Fig. 6 cPLA₂-specific inhibitor AACOCF₃ and α -tocotrienol protect against glutamate-induced neurotoxicity. Cells (0.1×10^6 cells/well in 12 well plate) without or with pre-treatment with AACOCF₃ (10 μ M) or α -tocotrienol (250 nM) for 2 h were challenged with L-glutamate (10 mM) for 24 h. At the end of the treatment, cell viability was determined by assaying the release of LDH (lactate dehydrogenase) from cells (a), LDH content in the cells (b) and

examination of cell morphology (c) as described in *Materials and Methods*. Experiments were conducted in triplicates and data represent means \pm SD of three independent experiments. [†] $p < 0.05$ as compared to the untreated control cells at 24 h of treatment; ^{*} $p < 0.05$ as compared to the cells treated with L-glutamate alone for 24 h. Statistical significance was determined by Student's *t*-test. Magnification 10 \times .

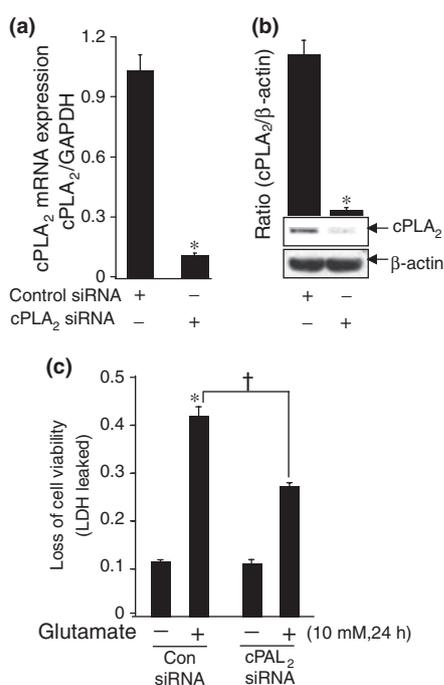


Fig. 7 cPLA₂ knock-down attenuates glutamate-induced neurotoxicity. Cells (0.1×10^6 cells/well in 12 well plates) were transfected with 100 nM siControl non-targeting siRNA or cPLA₂ siRNA for 72 h. After achieving > 90% transfection efficiency, cPLA₂ mRNA expression (a), cPLA₂ protein expression (b), and glutamate-induced cytotoxicity (c) were determined as described in *Materials and Methods*. Experiments were conducted in triplicates and data represent means \pm SD of three independent experiments. * $p < 0.05$ as compared to the siControl non-targeting siRNA-transfected cells (a), (b), and (c); † $p < 0.05$ in cPLA₂ siRNA-transfected cells as compared to the siControl non-targeting siRNA-transfected cells treated with L-glutamate alone for 24 h (c). Statistical significance was determined by Student's *t*-test.

best studied. So far, all major clinical trials have only tested α -tocopherol and outcomes have been less than satisfactory (Friedrich 2004; Greenberg 2005). Non- α -tocopherol forms of natural vitamin E have thus drawn growing attention (Sen *et al.* 2004, 2007b). The tocotrienol subfamily of natural vitamin E possesses powerful neuroprotective, anti-cancer, and cholesterol-lowering properties that are often not exhibited by tocopherols. Current developments in vitamin E research clearly indicate that members of the vitamin E family are not redundant with respect to their biological functions. TCT, γ -tocopherol, and δ -tocotrienol have emerged as vitamin E molecules with functions in health and disease that are clearly distinct from that of α -tocopherol (Sen *et al.* 2004, 2007b). We have originally reported that at nanomolar concentration, TCT, not α -tocopherol, prevents neurodegeneration (Sen *et al.* 2000). On a concentration basis, this finding represents the most potent of all biological functions exhibited by any natural vitamin E molecule. Our subsequent work has therefore focused on understanding the mechanisms by which nanomolar concentrations of TCT

exerts its neuroprotective effects. This work provides first evidence in recognizing inducible cPLA₂ activity as a key target of TCT in protecting against glutamate-induced neurotoxicity.

HT neuronal cells have been used by several laboratories as a standard model to study the cytotoxic component of glutamate-induced cytotoxicity (Sen *et al.* 2000; Tirosh *et al.* 2000; Dargusch and Schubert 2002; Khanna *et al.* 2007; Xu *et al.* 2007). Our recent studies of HT cells have identified inducible c-Src (Sen *et al.* 2000; Khanna *et al.* 2007) and 12-Lox (Khanna *et al.* 2003, 2005b; Park *et al.* 2009) as key glutamate-inducible yet TCT-sensitive mediators of neurotoxicity. We proposed that c-Src-regulated 12-Lox activation leads to the formation of cytotoxic 12-HPETE which, under the conditions, is lethal for cells (Khanna *et al.* 2005b, 2007). This work recognizes glutamate-inducible PLA₂ as an early event the activation of which results in free AA within the cell which in turn feeds the above-said Src-Lox death pathway. PLA₂ present in mammalian cells, including the neurons, is broadly divided into three classes: (i) cytosolic PLA₂ (cPLA₂, calcium-dependent), (ii) secretory PLA₂ (calcium-dependent), and (iii) calcium-independent PLA₂ (intracellular PLA₂) (Hirabayashi and Shimizu 2000; Chakraborti 2003). cPLA₂-catalyzed hydrolysis and release of free arachidonic acid from the membrane phospholipids represents the initial and rate-limiting regulatory step for the subsequent lipoxygenation of arachidonic acid by 12-Lox towards the formation of HPETEs (Hirabayashi and Shimizu 2000). Results of this study provide first evidence demonstrating that glutamate activates cPLA₂ in neurons in a calcium-dependent manner leading to the hydrolysis of phospholipids and release of free arachidonic acid. This observation is consistent with reports demonstrating accumulation of free calcium in cells following challenge by glutamate (Tirosh *et al.* 2000; Nishizawa 2001). Activation of calcium-dependent cPLA₂ by glutamate noted in the current study thus represents a down-stream effect of the elevation of intracellular free calcium in glutamate-challenged cells.

The mechanism of regulation of cPLA₂ is complex reflecting a tightly controlled hydrolysis of phospholipids and maintenance of levels of free arachidonic acid in the cell. Calcium-induced cellular translocation of cPLA₂ from cytosol to membrane regulates the accessibility of the enzyme to the substrate for catalysis and release of free arachidonic acid and regulation of substrate availability for the action of downstream lipid oxygenases (Hirabayashi and Shimizu 2000; Leslie 2004). In addition to cellular translocation, phosphorylation of the protein functions as an additional arm of regulation of cPLA₂ activity (Chakraborti 2003; Leslie 2004). The role of MAPKs in the activation of cPLA₂ has become evident and it is established that p44 MAPK enhances the activity of cPLA₂ through phosphorylation in animal cells and tissues (Sano *et al.* 2001; Zhu *et al.* 2001;

Chakraborti 2003). MAPK-mediated phosphorylation of serine residue(s), especially Ser505, has been identified as the key regulator in the activation of cPLA₂ followed by the elevation in the intracellular calcium levels, translocation of the enzyme to the cell membrane, and proper binding with the phospholipid substrate sites leading ultimately to the release of arachidonic acid (Chakraborti 2003; Nito *et al.* 2008). Results of the current study demonstrated that glutamate induces the said phosphorylation as well as translocation of cPLA₂ from cytosol to membrane. Importantly, both phosphorylation and translocation of cPLA₂ were attenuated with nanomolar concentrations of TCT. This work recognizes glutamate-induced cPLA₂ activation as being rapid. The response is prominent within 30 min of glutamate challenge at a time when cellular GSH loss is marginal. We have previously reported that even after 90 min of glutamate insult cellular GSH loss is not significant (Sen *et al.* 2000). Thus, it is reasonable to rule out glutamate-induced cellular GSH loss as a cause of the reported cPLA₂ activation. Given that glutamate results in rapid rise of [Ca²⁺]_i (Tan *et al.* 1998; Sen *et al.* 2000; Ha and Park 2006) and the observation of this work that Ca²⁺-chelators are effective in significantly inhibiting glutamate-induced AA release we are led to hypothesize that glutamate-induced rise of [Ca²⁺]_i is implicated in the reported cPLA₂ activation.

Experimental evidence from studies conducted in cellular, tissue, and animal models corroborate that the group IV cPLA₂ plays an essential catalytic role in hydrolyzing the *sn*-2 esterified PUFA of the membrane phospholipids and releasing arachidonic acid for the synthesis of eicosanoids (Hirabayashi and Shimizu 2000). Arachidonic acid-derived eicosanoids, under the regulation of specific PLA₂s, have been recognized to play crucial roles in the function of brain (Tassoni *et al.* 2008). In addition, PLA₂ is being recognized as an important player in the regulation of normal physiological functions and pathological states of the central nervous system (Sun *et al.* 2004). Activation of PLA₂, especially that of group IV cPLA₂, has been distinctly attributed to play a major role in the neurotoxicity encountered during brain ischemia (Sapirstein and Bonventre 2000). In the primary cultured cerebellar neurons and hippocampal slices of rat, glutamate-induced arachidonic acid release through activation of PLA₂, has been shown to be mediated by NMDA receptor activation which is also calcium-dependent, and sensitive to a general PLA₂ inhibitor, quinacrine (Lazarewicz *et al.* 1992). Therefore, the observed cPLA₂-dependent neuroprotective effects of TCT may be relevant to a wide range of neurodegenerative diseases including stroke.

Acknowledgements

This work was supported by National Institutes of Health grant RO1 NS42617. The expert technical assistance provided by Ms. Jessica N. Mazerik and Ms. Emily Steinhour is greatly appreciated.

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