

# Imitate Gross Motor Movement

tags: language, foundational

Imitation is one of the fundamental way a person learns. When learning imitation using body movements, large body of movements are typically easier to learn then smaller body movements. It is a building block for *signing*.

Support: Have some given prompt support from behind. Fade prompting.

SD: Do this \_\_\_\_\_.

	Imitation of Gross Motor Movement	Date Introduced	Date Mastered	Notes
1	tap table			
2	tap thighs			
3	clap hands			
4	cover face with hands			
5	raise hands			
6	touch head			
7	stomp feet			
8	stand up (from sitting)			
9	sit down (from standing)			
10	jump			
11				
12				

### TIP

Record target individual performing action with prompting support being minimally shown. Give SD, show video of individual doing action to imitate.

### TIP

Practice learning imitations using music. Ex. Head, shoulder, Knees & Toes; Shake My Sillies Out (Raffi), etc.,

### TIP

Expose individual to picture representation of action being shown as a visual support.

### TIP

Try and make activity fun. Motivating an individual to enjoy the task will yield faster gains. Ex. #4 Cover face with hands= Peek-a-Boo

