15 MINUTE MIRACLE			Day and Date: The JOHN MAXWELL		am	
Time	Activity	Quad		Activity		Quad
6:00 AM			2:00 PM			
6:15 AM			2:15 PM			
6:30 AM			2:30 PM			
6:45 AM	·		2:45 PM			
7:00 AM	·		3:00 PM			
7:15 AM			3:15 PM			
7:30 AM			3:30 PM			
7:45 AM			3:45 PM			
8:00 AM	·		4:00 PM			
8:15 AM	·		4:15 PM			
8:30 AM			4:30 PM			
8:45 AM			4:45 PM			
9:00 AM			5:00 PM			
9:15 AM			5:15 PM			
9:30 AM			5:30 PM			
9:45 AM			5:45 PM			
10:00 AM			6:00 PM			
10:15 AM			6:15 PM			
10:30 AM			6:30 PM			
10:45 AM			6:45 PM			
11:00 AM			7:00 PM			
11:15 AM			7:15 PM			
11:30 AM			7:30 PM			
11:45 AM			7:45 PM			
12:00 PM			8:00 PM			
12:15 PM			8:15 PM			
12:30 PM			8:30 PM			
12:45 PM			8:45 PM			
1:00 PM			9:00 PM			
1:15 PM			9:15 PM			
1:30 PM			9:30 PM			
1:45 PM			9:45 PM			
	Urgent			ot Urgent		

1.43 F IV			5.43 FIVI		
	Ur	gent	Not Urgent		
1000	Quad I		Quad II		URGENT IMPORTANT
Important	Activities Crisis Pressing Problems Deadline Driven	Results  Stress Burn-out Crisis management Always putting out fires	Activities  • Prevention, capability improvement  • Relationship building  • Recognizing new opportunities  • Planning, recreation	Results  Vision, perspective  Balance  Discipline  Control  Few crisis	QUAD 1  NOT URGENT IMPORTANT  QUAD 2
t Important	Qu	ad III	Qu	ıad IV	
	Activities  Interruptions, some callers Some email, some reports Some meetings Proximate, pressing matters	Results  Short term focus Crisis management Reputation – chameleon character See goals/ plans as worthless	Activities Trivia, busy work Some email Personal social media Some phone calls Time wasters	Results  Total irresponsibility Fired from jobs Dependent on others or institutions for basics	URGENT NOT IMPORTANT QUAD 3
Not	Popular activities	Feel victimized, out of control     Shallow or broken     relationships	Pleasant activities		NOT URGENT NOT IMPORTANT