



VisionONE™ One-On-One Coaching Agreement

Coaching Services: Description, Objectives, Options, Terms, and Agreement of Services

1. **Description:** Life Coaching is an on-going conversation where we provide encouragement, guidance and honest feedback, as YOU pursue YOUR Personal Growth and Goals. We fully expect you to achieve personal success and grow into what you want and who you want to be, by attaining and achieving your set goals!

In today's dynamic environment, some of the most successful individuals have experienced tremendous benefits from life coaching. Results have included increased sense of well-being and productivity, career advancement, higher level of happiness, and the development of more effective life strategies. YOU will define the agenda. YOUR results will vary depending on how long we work together and what actions YOU take.

Our clients are expected to and have experienced measurable better decision-making, improved relationships, increased productivity, and up to 200% fulfilled life.

2. **Objectives:** Our responsibility is to provide content, insight, tools, wisdom, framework, ideas, and feedback. YOUR responsibility is to move from awareness to action and accountability. Our executive and life coaching provides many structures for you to meet your individual goals.

The objectives of coaching include, but are not limited to:

- | Adding an objective and supportive third party to your life strategy
- | Increasing accountability of your personal goals
- | Improving specific skills related to your role in life. Such as life skills, communication, conflict resolution, time management, productivity, and effectiveness
- | Sharing best practices on decision making to get the results you aim for
- | Reviewing strategic life decisions related to home, career, and other life-changing moments
- | Preventing problems, thereby avoiding expensive, time consuming or embarrassing actions
- | Supporting your growth past your limiting beliefs
- | Relationship development
- | Conflict resolution
- | Mentoring
- | Creating a safe and nurturing atmosphere

3. **Options:** All coaching programs require a minimum of one-year time invested. Coaching is a marathon, rather than a sprint!
4. **The Coaching Sessions Include:** Individual one-on-one coaching with the client live, face to face online. This package includes four sessions per month, each session lasting up to one hour and a half. Coaching Sessions are conducted by Live Zoom. Also included in this package is:
 - 1) (2) hours of creating a Signature Life® Breakthrough Blueprint Plan
 - 2) Unlimited Email Replies and Text Messages
 - 3) World-Class Support through the week for Accountability and Checkpoints
5. **Terms:** The coaching investment of \$1000 for 4 coaching sessions or is \$350 (\$250) per hour, but can be credited back to your initial coaching agreement. This is for 4 sessions a month, for 50 sessions. The 10 % (\$ 1,250) of total annual payment (\$12,500) are to be made before services are provided, and as agreed upon. Please deposit payment via:

-- <http://carlaandrews.com/store/visioning-professional-coaching>

-- PayPal to www.paypal.me/carlaandrews or to signatureliving@aol.com

with the first deposit promptly after signing this agreement and following the next payment on the **1st** of each month for the duration of the contract year.

We will always begin and end our sessions or calls on time, and if we are meeting by phone you will call me at 561-351-9338 and use my VisionOne™ Coaching Calendar:

<https://www.calendly.com/inspirepreneur/visiononecoaching>

If you need to reschedule, please provide 24-hours advance notice AND rescheduling on the calendar are required or one-half of the coaching session is lost. If for some reason I, as your coach, need to reschedule and do not do so with 24-hour notice, you will be credited with an additional one-half coaching session, at no additional charge.

Our coaching relationship is completely confidential. We will never share your identity or any information about you with any other person or without your expressed consent. In the unlikely event that there are concerns that need to be referred to another professional, I may be able to make that suggestion to you.

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www.carlaandrews.com/coaching

The term of our coaching agreement will be at least 1/2 year (6 months). Completing our coaching relationship is a mutual decision. While my retention percentage is very high, there may come a time when you determine that it is time to complete our coaching relationship. If and when that time comes, I expect that you will provide me at least 4 weeks' notice. That will give us time to summarize your growth/learning and strategize your next steps.

Our services are unconditionally guaranteed. If at any time you feel that you are not getting the support, honesty, coaching, or training that you expect, then you need to tell me.

6. Agreement of Services:

Name:	Lady Charlotte Wright
Phone:	561- 358-9495
Email Address:	charlottecrw@gmail.com
Executive Coaching Service Level:	VisionOne™ Professional Coaching Program

I agree to contract the services of Signature Living, Inc., Carla Andrews, to provide coaching services for the purpose of addressing my personal projects, objectives, and goals. I understand that the coaching relationship is based upon my agenda and this relationship is most effective when I communicate fully. If at any time I feel the coaching relationship is not working as desired, I agree to work toward re-designing the relationship. Also, I agree that Signature Living, Inc. is free from any liability or actions that may be related to any comments or suggestions made by Carla Andrews.

Client(s) Signature_____

Date_____

Signature Living, Inc._____

Date_____



Signature Living, Inc. | The InspirePreneur™
Inspiring Transformation For You

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