

Connecting To Your Finances



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Welcome

Thank you so much for your interest in Financial Coaching. This workbook, with the help of your Coach, will guide you through the process of organizing your finances, making effective financial decisions, and understanding Biblical principles of finances. Just a word about your coach's role: he or she will never make financial decisions for you. They are there to guide you and to make suggestions. If you will faithfully commit to each coaching session, do your homework, and complete this workbook, by the time you finish, you will have a Financial Plan for managing the money God has entrusted to you. You will know *The Facts not the Fiction of your finances!*

What to expect:

- Help in tailoring a personal spending plan
- Developing a Saving Plan
- Adapting a debt reduction plan
- Tools to help you track finances
- Discover what financial software works for you
- Help in gathering the facts of your finances through a proven step by step process.

Session length:

Your first session will run approximately one hour. Subsequent sessions will last approximately an hour and a half. Our financial coaches have completed hours of training and desire to assist God's people in managing the resources that God has entrusted to them.

Meeting Times:

You and your coach will chose an agreed upon time.

Information Needed:

A complete Checklist of action steps is on page 3. This list is for you to use and to check off as you work through the process.

- 30 - 90 days of Spending and Income
- Tax Returns
- Credit Report
- Debt List
- Variable Expenses
- Paycheck Stub
- And more