



PRESIDENT'S REPORT

May and June don't just represent the colder months (so so cold, grrrrr!), or only the State of Origin (GO the Blues), but also one of our clubs favourite events – the Muscular Dystrophy Charity Ride.

We start early, it's dark and cold, the set up crew are all organised and everything is prepared. There's an air of expectation, some Hogs are there, more keep rolling in. The drivers mill around as the passengers turn up. You can tell the first timers, unsure of what's happening, unsure of the machines, and completely unaware of the final destination.

People come over to Kiwanis for a bite to eat, a coffee or a tea, maybe even a chat. Then, suddenly the call goes out, its quiet, and the briefing starts. Once done they all mount up, and any silence is banished as 100+ thunderous Hogs take the morning by storm. It's impossible to describe the feeling as the sound of all these machines vibrates through you, just incredible.

The Muscular Dystrophy Charity Ride (Hog Ride) is an event our club has been PROUDLY supporting for over 25 years, a great partnership between two wonderful organisations.

As you read through our newsletter you will see some wonderful organisations and charities that we've met and assisted. Organisations such as Care Kits for Kids (helping children in crisis), Project Linus (handmade blankets for children in need), A Touch of Compassion (food, groceries and warmth for families in need), Barrett Adolescent Centre (Schooling for children with chronic mental health issues).

Looking at the above mentioned organisations I can't help but be amazed at the people we meet, what they achieve. Many of them are small and like us supported by passionate volunteers. As a club we make a tangible difference to them and the families/kids they assist. I think we hit the nail on the head each and every time, after all –

We are passionate about making a difference, helping kids grow and succeed is at the heart of everything we do.

Ruthven

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Committee for 2018/2019:

| | |
|-----------------------------------|---------------------------|
| President: | Ruthven Underhill |
| Secretary: | Kelli Schuh |
| Treasurer: | Sharon Baldwinson |
| Immediate Past President: | Jennifer Sorrenson |
| Directors: | Stephen Earle Ray Behn |
| Projects Team Leader: | Ann Earle |
| Marketing Team Leader: | Vacant |
| Newsletter Editor: | Jennifer Sorrenson |
| Guest speaker Coordinator: | Ray Behn |

CONTACT US

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Club Meetings

May 2019:

Guest: Nicholas Grench
- Inala Youth Service

Inala Youth Service (IYS) was established in 1986 and is a community based organisation dedicated to supporting and creating opportunities for children, young people and families through a range of programs, services, activities and provision of information, access, client led case management and referrals.

In 2017/2018 IYS provided safe accommodation to 44 young people, 62 16-24 year olds completed the Ready 4 Work program, 5232 people enjoyed afternoon and activities at The Hut and 509 students at local schools were supported. This was made possible by 18 staff members, 30 volunteers and 18 students.

The Hut – provides community outreach services, information, advice and referral for young people, families and others in the community who seek assistance to connect to support services. The Hut operates as a drop in centre, providing afternoon tea, recreational activities, support staff, and a soft entry point for specialist services and programs. Located in DJ Sherrington Park, The Hut is funded wholly through donations and relies on the support of volunteers, students on placement and the support of a range of other organisations who provide food, equipment, activities, outreach services and building maintenance and improvements. Specialist programs such as Girls with a Purpose are offered from The Hut.

Phone (07) 3372 2655

Email office@iys.org.au

Address 12 Sittella Street Inala, 4077

Opening Hours Mon-Fri: 9am-5pm



If anyone has any ideas or contacts for Guest Speakers, please contact Ray Behn, ray.behn@gmail.com

June 2019:

Guest: Mike Dempsey and Margie Nightingale
- Barrett Adolescent Centre

Barrett Adolescent School (BAS) caters for students who need assistance to re-engage with education because of their complex mental health needs. The school offers support for students from Metropolitan Region across Years 7 - 12.

Barrett re-engages students through relational education with a focus on mental health, social, emotional and life skills, trauma-informed education and the development of classroom readiness. They practice inclusive education, in transitioning students to the most appropriate education facilities to suit their needs.

Students attend school from 9.30am to 2.00pm Monday to Thursday. Each student attends a customized timetable, according to their health and progression needs. Friday is an optional day when students can be supported at school or other settings.

Over time students will attend both BAS and a transitioning school, until able to negotiate educational access at the latter independently. While transitioning students can still (and are advised to) access the whole-school BAS elective subjects.

Barrett currently has 29 students in 2 classes. 90% of students re-engage with education, training or work.

Subsequent to this meeting with Barrett, Dianne Dawson has commenced volunteering in the office at the Centre. Well done Dianne!



Coming Up:

Tuesday 2nd July 2019:

Guest Speaker: Focus on Youth

Tuesday 6th August 2019:

Meeting to be held at Hear and Say Centre

Bunnings BBQ

Without our Bunnings BBQ's we would not have the funds to enable us to make financial donations to the community projects we support.

We continue to BBQ the 4th Monday of each month at Bunnings Oxley.

We appreciate the opportunity Bunnings provides to fundraise for organisations such as ours and the many, many hours our Project Leaders, Graham and Marie Simpson tirelessly continue to do on our behalf to enable this monthly BBQ to continue.



Care Kits for Kids Qld

The Kiwanis Club of Brisbane were proud to continue to support Care Kits for Kids Qld with a \$1,200 donation towards their care kits for children in need in South East Qld.

One of our members, Kerry Behn donated boxes of barbies to be clothed and donated to children as part of the kits.

Well done to everyone!



Project Linus



There are so many amazing community groups in our midst working tirelessly to help others.

We were fortunate to have Jan and Kim from Project Linus Brisbane attend one of our recent meetings. They displayed many beautiful quilts and have made over 9,000 to date.

Project Linus' mission is to provide a sense of security, warmth and comfort to children who are seriously ill, traumatised or otherwise in need.

Project Linus provide homemade quilts to children in need. They support children in hospitals, special schools, refuges and other organisations throughout Brisbane and QLD.

The group of sewers meet at St Matthews Church Hall, Sherwood every second Thursday from gam.

Email: projectlinusbrisbane@gmail.com



MD Qld – Hogs Ride 201

Great effort, Kiwanis members!

Another successful MD Qld Hogs Ride. Our team set out early to provide breakfast for 100 HOGs riders and their pillions before setting off on a Queensland Country ride around Peak Crossing.

Another beautiful May Sunday morning and our team set out early to cook breakfast for 100 HOG's riders and their pillions before setting off on an amazing ride around Peak Crossing.

Kiwanis Brisbane has been supporting this day for over 25 years and this annual event is looked forward to each year by the Club. Again some of our members joined and ride and had a wonderful time.

Sore bottoms, chapped lips and huge smiles after our incredible day out to Peak Crossing and Ivory's Rock!

All funds raised on the day go a long way towards supporting so many families living with muscular dystrophy.



A Touch of Compassion

A project with a vision to see united communities coming together in support of one another, for the well being of every individual. For families to receive care, be valued, be encouraged, loved and receive necessary help and support to create a healthy, loving, empowered, prosperous and thriving community.

This organisation understands many people experience hardship, and encourage the community to come along for a sit down meal, get to know your community and those in need of companionship or to simply lessen the load in their food budget, no matter what culture, or religion.

Chris and Angela, provide beautiful meals on Monday and Tuesday nights from produce sourced from Foodbank and other community service providers in addition to boxes of groceries, clothing, blankets etc. With the assistance of volunteers they provide so much more to the community than just a meal.

The Kiwanis members were privileged to assist with serving the dinner at Carole Park State School Hall on a cool Winter evening. The cold did not impede an estimated 60 for dinner which included generations of families.

After the service, we sat with the community and partook in the meal. Everyone was very grateful and respectful of each other and the atmosphere was relaxed and welcoming.

It was a great experience for members to be part of another great community project in our local area.

Email: atoc@atoc.org.au

<https://www.atoc.org.au>



Heartkids - 50/50 Charity Raffle

Two of our members, Trish & Sharon, recently assisted Heartkids by selling raffle tickets for the 50-50 Charity Raffle at the Broncos home game held on Friday 17 May 2019. The 50-50 Charity raffle raises funds for a variety of charitable organisations and as a receiptant of the program Heartkids were able to raise additional funds by volunteering to sell the raffle tickets at a Broncos home game that is designated for the 50-50 Charity Raffle.

The money raised on the night from the 50-50 Charity Raffle are distributed as follows:

50% of the funds is the prize money to the lucky ticket holder, which is drawn on the night, 20% goes directly to Heartkids and 30% goes to the 50-50 Charitable fund, money from this fund is given out during the year in lump sums.

Heartkids were able to provide 24 volunteers on the night and after a briefing by the Broncos staff on the equipment/rules of selling raffle tickets were all set to go sell sell sell. Sharon and Trish were both amazed at how the technology has changed over time and how easy it was to use the iPad/Printer/Eftpos system that they each were kitted out to use for the night.

Designated areas are given to volunteers to sell raffle tickets before kickoff and after no response from anyone else, Trish kindly volunteered both herself and Sharon, to start their raffle selling up at the Caxton Hotel, of which neither had previously been too. There were assisted by Sam, who only had heart surgery two years ago himself, who was very enthusiastic in his selling technique. We understand they did a good job in a tough market place.

Tickets are only sold up to the start of the second half of a Broncos game and Heartkids were able to raise \$21,490 in total, this means they raised \$2,095 for themselves for the night not a bad result. Trish and Sharon said it was a good night and would consider doing it again but not at the Caxton Hotel, that they would leave to the men next time.



DanDaLion Walk



Sunday, 21st July 2, 2019

Check-in at gam for a 10.30 start

Rocks Riverside

\$5 per person entry on the day.

We've got TWO hours to get to Charleville and we need your help.

Every lap will count regardless, so please come for the experience and enjoy this celebration of inclusion and diversity as we fundraise for two great causes. Get in the DanDaLlon spirit and wear your best YELLOW!

We will be doing laps of a 500 metre course as a community around Rocks Riverside Park, adding up to a collective 'virtual' journey of 733 km to Charleville - 1466 laps will get us to our outback support town. Given DanDaLlon's ethos, this event will raise funds jointly for the Charleville Special Needs Support Group and our friends at Special Olympics Cricket.

You can REGISTER your team, family or as an individual in advance at

<http://www.dandalionfriends.org.au/pdf/Charleville-Registration-Form.pdf>

Creature Comforts

Premature babies usually need assistance to get through their first few days. Tubes deliver air and oxygen into their still-developing lungs. Patches on their bodies are wired to monitors that check temperature, pulse and breathing.

But tiny hands can accidentally detach these devices.

In Italy, hospitals have found a solution: soft, cute, crocheted octopi. Premies' fingers play with the tentacles, instead of the equipment around them.

Having heard about volunteers making and donating toy octopi to a hospital in Amiens, President Virginie Ploton suggested that her Saint Quentin de la Tour Kiwanis Club support efforts to provide the cuddly creatures in their community's hospitals.

"For that, it was necessary to recruit knitters, purchase kits and organize three training sessions, because there are very precise specifications for making these octopi," says Kiwanian Isabelle Corfa.

The workshops attracted volunteers of all kinds: women, men, parents and their children, retirees, homemakers, Kiwanians and knitting club members.

All that hooking, looping and knotting can be difficult. To pass the hospitals' quality-control requirements, the head's diameter must be between 5 and 6 cm; the bodies, between 8 and 10 cm and the tentacles must be a minimum 10 cm on-stretched and a maximum 20 cm stretched.

"It's like a bustling beehive," says Corfa. "The volunteers are very busy trying to follow the instructions, focusing on counting and measuring and helping their neighbours. Our role as Kiwanis members was to generate a happy relation between the volunteers, give them advice and help them relax by offering coffee, tea, croissants and fruit juice."

The needle workers made 300 octopi. Each was checked for quality, size and colours, and all were sterilized.

During the last workshop, the Kiwanis Club of Saint Quentin de la Tour presented an 800-euro check to two women who decided to form an association, Créa Coeur, to help continue making the octopi.



Kiwanis Club Pacific Pines

Bob Anthony, Gold Coast Sun

June 13, 2019

From feeding hungry young students to supporting a sanctuary for families escaping domestic violence, the Community Benefit Fund associated with Gold Coast Airport has benefited dozens of local community groups since its inception four years ago.

The Community Benefit Fund, run by Queensland Airports Limited, has supported about 150 groups and initiatives since 2016, providing more than \$150,000 in funding.



Pacific Pines State High breakfast club feeding students. The club is supported by Kiwanis Club of Pacific Pines and Gold Coast Airport Community Benefit Fund. Kiwanis President Natalie McMahon putting out food. Picture Glenn Hampson

More than 350 students at Pacific Pines State High School enjoy a healthy breakfast every week, thanks to the Kiwanis Club of Pacific Pines and, in part, to a grant from Gold Coast Airport.

The club purchased kitchen equipment, including a sandwich grill, toaster, chopping boards and cutlery to run its breakfast club with the fund grant money.

Club President Natalie McMahon said research revealed about one in seven kids goes to school hungry.

"The kids are so grateful and local businesses have really got behind us by donating food or money each week for breakfast ingredients," Ms McMahon said.

"We hope to expand to more days and other schools in our area if we are able to secure sufficient donations and volunteers to provide the service."



Pacific Pines State High breakfast club feeding students. The club is supported by Kiwanis Club of Pacific Pines and Gold Coast Airport Community Benefit Fund. Volunteers Michelle Northam and Martina Rigby making sandwiches. Picture Glenn Hampson



THE PACIFIC PINES KIWANIS GROUP
INVITES YOU TO THEIR WEEKLY

Breakfast Club

EVERY WEDNESDAY
7:30AM - 8:30AM
IN THE PERFORMING ARTS CENTRE

ALL STUDENTS WELCOME
BREAKFAST IS FREE AND WILL VARY
FROM WEEK TO WEEK.



ELIMINATE

maternal/neonatal tetanus



Chad has recently become the 26th country to be signed off as MNT-free, leaving just 13 nations remaining at risk with maternal neo-natal tetanus.

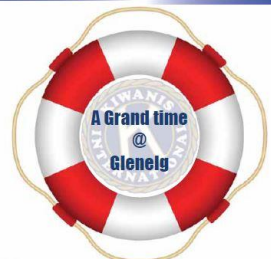
Chad's Minister of Public Health, Mahamet Aziz Saleh, has been presented with the official Certificate of Merit marking this significant milestone in their health records.

Treatment entails just three shots of vaccine, being all it takes to provide lifetime immunity to women and their future children. As of 31st December 2018, total paid gifts: US\$84,968,308 (nearly 80% of our fundraising goal).

At the end of December 2017 this figure was US\$77.6m so we've contributed US\$7.4m in the last 12 months-plus. In the closing stages, let's keep going!



KIWANIS AUSTRALIA DISTRICT
51st CONVENTION
 August 22-25, 2019



GETTING CLOSER TO THE GANGLANK BEING PULLED
-YOU'RE ADVISED TO JUMP ON BOARD
MAKE SURE YOU REGISTER SOON - JOIN IN THE FUN!

Members, partners/guests are invited to attend the 2019 Kiwanis Australia District Convention to be held in Adelaide, South Australia, at the seaside suburb of Glenelg.

Registration forms are now available.

So you can start your planning, at left is the theme for the Saturday night Fun Night. We are looking forward to a Grand time at Glenelg.

Your Saturday night theme is – Nautical (or is that Naughty-Cool)

Enquiries to: Secretary Glenelg Club (Marilyn Chandler)
 glenelg@kiwanis.org.au or marilynandphil@bigpond.com

Getting to know our Members.....

Do you know the person who sits next to you at our meetings? Each Newsletter we will provide a small insight into each of our members and perhaps a conversation starter to find out more.....

- Full Name:** Kelli Maree Schuh (both my Mum and my daughter, all second born daughters, have the same middle name)
- Where are you from?** I was born and bred in Kempsey NSW so despite living in Queensland for 23 years I'm still a blues supporter! I also lived in Coffs Harbour and Foster (NSW)
- Family?** I am the middle of 3 girls (yep the poor misunderstood and forgotten about middle child!) I have been married for 21 years in July and have 3 children, Tamika 18 years, Brady 14 years and Chloe 11 years.
- Where did you go to School?** St Josephs Primary School and good old KHS (that's Kempsey High School in case you couldn't join the dots!)

What has been your main job during your working life? Basically I don't like job interviews! I currently work for a Government department and have been here for (shock! horror!) 20 years! I also worked for 8 years for Woolworths when in NSW. When I moved to Brisbane I worked for a couple of dodgy car rental companies, Target and Cleanaway before landing this position.

When did you start volunteering? I have always been involved with kindy, school and organisations such as netball, guides and scouts with the kids. There was always the thought that ***one day*** I would help with Meals on Wheels and become a JP. I was sitting out the front watching the kids play in the front yard when the local free newspaper was delivered. I didn't normally read that paper but on this particular day I decided to unwrap it and have a look. On the front page was an article asking for volunteers for Centenary Meals on Wheels and on page 2 the article was about becoming a JP and volunteering at Mt Ommaney. I took that as a sign and have been volunteering at MOW for 10 years now. I still haven't become a JP though...

Why did you start? I was winding back my commitments at school but was interested in still doing something to give back. I had been introduced to Quota but would have had to travel a fair distance to meetings which put me off. I was aware of Kiwanis through the Anzac day and Christmas Carols but didn't have a real understanding of what the club was about. It was around this time that Jennifer (Sorrenson) asked me to join a table for a trivia night at Jindalee Bowls Club. I became curious and attended a few meetings before deciding to join.

What would you do if you won lotto? I have won lotto...\$1000 on a scratchie! I think that was pretty much all of my good luck right there but if I were ever to win a large amount I would like to give some to my family, have an amazing all expenses paid weekend with my closest girlfriends and set up an amount in such a way that I can use the interest earned off it for philanthropic purposes. I'd like to think that it wouldn't change me too much. I can't see the sense in having a Chanel bag valued at \$1000 when a \$20, \$50 or \$100 bag from the luggage shop will do the same thing.

Favourite Type of Food? Have you seen me? You don't get a body like this from eating kale! I eat most things but my favourite pizza is the Beethoven from Earth and Sea (prawns and banana – yum!) and my favourite ice cream is jamoca almond fudge from Baskin Robins. I also love a good old fashioned roast.

Favourite Animal? I love giraffes. A stay at the Giraffe Manor - https://www.tripadvisor.com.au/Hotel_Review-g294207-d302824-Reviews-Giraffe_Manor-Nairobi.html - in Kenya is on my bucket list!

Do you speak any other languages? I am fluent in English, sarcasm and profanity and not necessarily in that order.

Do you play any musical instruments? No, I couldn't play anything to save myself but I remember song lyrics to songs produced before I was even born! The kids are amazed when a song comes on the radio that I don't sing along to.

If you had to describe yourself as an animal what would it be? In the next life I want to come back as a bear. When you're a bear you get to hibernate. You do nothing but sleep for six months. I could deal with that. Before you hibernate you get to eat yourself stupid. I could deal with that too. When you're a girl bear, you birth your children (who are the size of walnuts) while you are sleeping and wake to partially grown cute cuddly cubs. I could definitely deal with that. If you're a mama bear everybody knows you mean business. You swat anyone who bothers your cubs. If your cubs get out of line, you swat them too. I could deal with that. If you're a bear, your mate EXPECTS you to wake up growling. He EXPECTS you will have excess body fat and hairy legs. Yup...I'm gonna be a bear!



What's Coming Up



| August | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------|-----|--------------------|--------------------------|---------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| | | | | | 1 Kelli | 2 | 3 |
| | 4 | 5 | 6 Dinner Meeting | 7 Pat | 8 MCM Meeting | 9 | 10 |
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | 18 | 19 | 20 AGM Dinner Meeting | 21 Over 50s Expo | 22 Australia District Convention | 23 Australia District Convention | 24 Australia District Convention |
| | 25 | 26 Bunnings BBQ | 27 Graham | 28 | 29 | 30 | 31 |

| September | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------|--------------------------|--------------------|-----------------------------------|-----|------------------|--------------------------|-------------------------|
| | 1 | 2 | 3 Guest Speaker Dinner Meeting | 4 | 5 MCM Meeting | 6 | 7 Good News Bookfest |
| | 8 4074 Family Fun Day | 9 | 10 | 11 | 12 | 13 | 14 |
| | 15 | 16 Marie | 17 | 18 | 19 | 20 Change-over Dinner | 21 |
| | 22 | 23 Bunnings BBQ | 24 Elaine | 25 | 26 | 27 | 28 |
| | 29 Trish | 30 | | | | | |



Changeover Dinner
Friday, 20th September

| October | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------|--------------------|--------------------|-----------------------------------|-----|------------------|-----------------------------------|-----|
| | | | 1 Guest Speaker Dinner Meeting | 2 | 3 MCM Meeting | 4 | 5 |
| | 6 CK4K High Tea | 7 | 8 | 9 | 10 | 11 | 12 |
| | 13 | 14 | 15 Club Dinner Meeting | 16 | 17 | 18 Hear and Say Loud Shirt Day | 19 |
| | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | 27 | 28 Bunnings BBQ | 29 | 30 | 31 | | |

Brisbane Club Achievements

For the year ending June 2019, the Brisbane Kiwanis Club Members have volunteered 1,717 hours and raised \$16,995.

During the last 3 months, we have financial donations as follows:

| | | | |
|--------------------------|---------|------------------------------------|---------|
| ❖ MD Queensland | \$500 | ❖ Pillows 4 Oncology Kids | \$1,000 |
| ❖ Care Kits for Kids Qld | \$1,200 | ❖ McIntyre Riding for the Disabled | \$2,000 |
| ❖ Heartkids Aust | \$1,000 | ❖ Kiwanis Charitable Foundation | \$220 |
| ❖ Kiwanis Childrens Fund | \$220 | ❖ Eliminate Project | \$1,000 |

| Causes the Brisbane Club Supports | 2017/2018 |
|---|-----------|
| 4074 Community and Beyond - local community run group holding events to benefit charitable organisations. | ✓ |
| Amani Soccer Club - offering immigrant children the opportunity to play soccer while assisting integration into our community. | ✓ |
| A Touch of Compassion – Provides meals and groceries for families in the Community in need. | ✓ |
| Brisbane Basket Brigade – providing food and gift packages at Christmas time to disadvantaged families | ✓ |
| Care Kids for Kids Queensland - distributing Care Kits for children in crisis or care, from new or handcrafted donations by various sewing and craft groups and the general public. | ✓ |
| Eliminate – Kiwanis / UNIEF Program to stop newborns and mothers dying from tetanus | ✓ |
| Giving Grannies - to help struggling families in need, particularly when a new baby is on the way. | ✓ |
| Good News BookFest - supporting a local primary school to raise funds for the P&C to assist providing additional learning opportunities for students. | ✓ |
| Goodna Street Life Helping Hands - an organisation set up to build and maintain a Center for the homeless and needy people of our area. | ✓ |
| Heartkids Australia - research into Children's heart disease | ✓ |
| Heartkids Queensland – supporting families with children affected by heart disease | ✓ |
| Kiwanis Australia District Charitable Foundation – provides grant funding for projects, initiatives and programs focussed on improving community health and wellbeing for those most in need and for improved life outcomes for the disadvantaged. | ✓ |
| Kiwanis Childrens Fund – various worldwide projects | ✓ |
| McIntyre Centre - equestrian programs for people with a disability for the purpose of education, enjoyment, recreation, sport, and therapy. | ✓ |
| MD Queensland -dedicated to people who live with muscular dystrophy and similar conditions and their families, throughout all of their lives. | ✓ |
| Miles Community – assistance to drought affected families in conjunction with QCWA through provision of essential school resources. | ✓ |
| Miraa House - a learning life skills centre for women aged 17 and over with an intellectual disability. | ✓ |
| MS Queensland – To help people living with MS to get the best out of life; to advocate for change and to search for a cure. | ✓ |
| Mt Ommaney Special School - providing engaging, relevant curriculum and innovative, specialised teaching in partnership with families and the community in a safe, supportive environment. | ✓ |
| Pillows 4 Oncology Kids - producing and providing children's pillowcases to hospital wards to brighten the stay of the patients and their siblings. | ✓ |
| RSL Centenary Branch - offering advice and support to all current and former Australian Defence Force members and their families. | ✓ |
| Salvation Army - provides social services without discrimination to members of the community | ✓ |