



## PRESIDENT'S REPORT

As a club we have achieved so much through July and August, which is especially great given several of our members were away through August. Of importance is two new relationships we have cemented through our service.

On Sunday the 21<sup>st</sup> of July we assisted DanDaLions with their DanDaLions Walk to Charleville. We manned the registrations desk, supplied our BBQ equipment (and tuition) for a local school's students to run the BBQ, participated in the walk, and donated funds to their cause. A wonderful cause assisting children with a disability.

We also held our August speaker night at the Hear & Say Centre at Ashgrove. Having our speaker night "offsite", and at a partner's premises was a real change for us, and very successful. Although not able to attend, the feedback I have received has shown this to be a great night. An important night for us and our new partner.

It's wonderful to have new relationships that we can grow and move forward with into the future.

Equally important though is the great work we did with many of our regular partners, as I am sure you will see in the following pages.

Meeting the Kiwanis Club of Rodez in France was an honour for Jennifer and I. We found that Kiwanis in France and Australia not only have similar aims but also similar challenges. There is something satisfying knowing the Kiwanis ethos is global.

We now head into our new year. September and October will again be busy months between projects, fundraising, and changeover. I look forward to having our Lieutenant Governor and Governor Elect visit us for the changeover.

*Ruthven*



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### Committee for 2018/2019:

<b>President:</b>	Ruthven Underhill
<b>Secretary:</b>	Kelli Schuh
<b>Treasurer:</b>	Sharon Baldwinson
<b>Immediate Past President:</b>	Jennifer Sorrenson
<b>Directors:</b>	Stephen Earle Ray Behn
<b>Projects Team Leader:</b>	Ann Earle
<b>Marketing Team Leader:</b>	Vacant
<b>Newsletter Editor:</b>	Jennifer Sorrenson
<b>Guest speaker Coordinator:</b>	Ray Behn

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# Club Meetings

## July 2019:

**Guest: Geoff Aaroe**  
**- Focus on Youth**

Geoff and John from Focus on Youth discussed their organisation.

The organisation was started 40 years ago by Geoff and his wife. They started the organisation as they came across a child with behavioural issues who had nothing to do. Effectively socialisation issues limited the child's life. They then found more children with the same issues and thus Focus on Youth was started.

They currently assist 35 children, but the numbers change year on year. The people they assist range in age from 8 to late 20's, but on whole teenagers. The organisation doesn't focus on any one type of disability or need. But rather assists youth with a broad spectrum of issues.

They don't have any premises, but do have equipment such as a bus.

They focus on providing recreational activities to these clients. Activities include, but are not limited to:

- A. Camps.
- B. Day trips
- C. Whale watching
- D. Farm stays
- E. UQ events (NASA)
- F. Putt Putt
- G. Thunder Bird Park visit
- H. Airport Visit
- I. Bowling
- J. And so on.

They are not government funded and raise funds through various means and donations.



If anyone has any ideas or contacts for Guest Speakers, please contact Ray Behn, [ray.behn@gmail.com](mailto:ray.behn@gmail.com)

## Aug 2019:

### Hear and Say Centre Club Excursion

Jim welcomed us to the centre and gave us a tour of the facilities. Of particular interest was the sound proof room where they turn on the implant and the puppets they use to gauge if a young child is able to hear. The building, a former TAFE was left unused for some years before Hear and Say took it over and the large mural around the stair well incorporated some of the graffiti that was sprayed during this time.

We watched a short video of one of the cochlear recipient's surgery and switch on. Each child's reactions to the first few minutes of a switch on can vary with smiles and tears in equal measure. But getting the cochlear implant and turning on is only one part and must be followed up in the years between surgery and starting school to ensure the child and family knows how to use it. There are many programs to assist the children with the aim that in those years the child catches up to their hearing counterparts and can start school on an equal footing.

The centre has been open since 1992 and have assisted over 1000 children. Each implant costs around \$20,000 to \$25,000. 42% of money required by Hear and Say to operate is raised through fundraising.

A major annual fundraiser for Hear & Say is Loud Shirt Day on October 18. Kiwanis are making plans to support this day.

A big thanks to Jim and Hear and Say Centre for accommodating the Club at their facilities. It was a thoroughly enjoyable evening.





## Heartkids – Girls on Green High Tea

On Saturday 24 August, Kiwanis members were involved in helping HeartKids 'Girls on the Green High Tea'. Members who attended included Sharon, Ray (unfortunately Kerry was home feeling under the weather), Trish, Mitz, Diane with special guest helpers Sue, Rosie, Sandra and Mitz's daughter all volunteering as well.

This year it was held at Victoria Park Golf Complex in "The Marquee", a new venue for Heartkids. We have been told this could be the venue for the next couple of years as it allows them to grow in numbers. It was a glorious day for the event and we were excited to be involved once again. It was such a lovely setting with the Marquee beautifully decked out for the event.

We were given the following activities to help with; Pluck a Heart – guests were invited to pluck a heart and win a bag of goodies; the raffle - 1<sup>st</sup> prize a trip for a family of 4 with Tangalooma cruises to the island, feeding the dolphins, photo session with the dolphins and return fares included, 2<sup>nd</sup> prize a blue topaz necklace on a silver chain and 3<sup>rd</sup> prize a bottle of Moët, 2 champagne glasses, candle and bath salts; the second hand clothes stall and, at the end of the event, the silent auction.

Sharon, Trish and Rosie managed the Pluck a Heart, whilst Sue and Ray coerced the guests to buy raffle tickets and Mitz, her daughter, Diane and Sandra managed the thrift shop stall.

We all arrived at 11am and set up our area of operations ready for the glamorous ladies to arrive.... and come they did. For the first hour it was all go at the Pluck a Heart as the ladies passed the stand after receiving their first glass of champagne. Many purchased the heart and also were cajoled into buying raffle tickets as well.

Ray and Sue worked the crowd and managed to sell a lot of tickets. Sharon, Trish and Rosie were also hard at work keeping up with the sales of both. Unfortunately, the EFTPOS machine couldn't keep up with the sales and ran out of charge. That created havoc as there were only 2 machines with the other one being inside at the other stalls. Still Sharon managed to run between the two areas and was able to process all transactions. Meanwhile inside, Mitz, her daughter, Sandra and Di were helping ladies decide what clothes they were going to purchase from the range of pre-loved clothes on offer.

As the ladies went inside for their High Tea, we all managed to catch our breath and take a well earned break before we resumed selling the raffle tickets and manning the thrift shop. The afternoon finished with us helping sort out who had made the winning bids for the silent auction and giving them their prizes. On a high note Sue managed to win 3<sup>rd</sup> prize in the raffle, so we hope she enjoys her Moët.



## Hear and Say Centre

After a successful dinner meeting at the Hear & Say venue recently, we noted that they needed help with packing information/registration packs & welcome packs for the upcoming Loud Shirt Day, therefore we offered our servicers for a day. Jim was very appreciative that we were willing to help out and asked if we could arrange to help out the following week as they were hosting a special "Loud shirt day" event just for the families of Hear & Say children.

Given the short notice we were not able to provide many members but it was better than what they had originally planned for the day. Graham (birthday boy), Marie, Diane, Sue and Sharon made up the group and upon arriving at 10.15am were given the task of either decorating the courtyard, where the event was going to be held, or making up the information/registration and welcome packs.

Graham, Sue and Sharon along with two Hear & Say employees took on the task of decorating the courtyard/garden area and showed that with stencils, cutting scissors, sticky tape and balloons what a difference a little imagination can do to transform an area.

Graham did a great job with blowing up balloons with a little help from a balloon pump, what a great invention. Sharon went back to her childhood years with cutting out the stencils and remembered she was not a good cutter then and her skills have not improved with age. Sue's imagination was in good stead and she was very creative in making up banners with Sharon's cut outs.

Meanwhile Marie and Diane were upstairs creating their own production line to ensure all information/registration packs were completed with precision. They were also involved in decorating and wrapping the guests welcome packs for the coming Sunday event. By the time Graham, Sue & Sharon moved upstairs to help out they wasn't much left to do, as unfortunately Jim had run out of wrapping paper and had been unable to secure any at the nearby post office.





## McIntyre Centre – Lunch @ The Stables

Graham, Marie and Sharon attended the recent McIntyre centre “Lunch @ The Stables” event which is aimed at thanking all their sponsors, donors and volunteers. It is also an opportunity for the letting the sponsors to meet & greet their sponsored horse. The event was attended by approximately 113 people which also included a number of HELP’s own employees from all different departments so they also got to see and hear how the McIntyre centre operates.

Kiwanis horse sponsorship goes towards the upkeep of a lovely white horse named “Paulie”, whom Graham & Marie got up close and personal with. We were delighted to learn that Paula was one of the horses being used on the day for the forthcoming demonstration.

The HELP Foundation went down a different path from just the standard speeches/greet your horse formula by giving us a firsthand demonstration. The demonstration was to show us how they help the disabled riders get on their horses either via their own strength from a step or with the help of the elevated lift which is specially designed for horse & rider. We had two disabled riders interact with the coaching staff to show us, not only their mounting skills but also their riding skills and you could see on their faces just how proud they were to be able to do this for us.

We then heard directly from two parents of disabled children who told us their own family story and the impact the McIntyre centre has made on their entire family.

This was then followed by a sit down lunch held under the main arena shelter that has recently been upgraded. Lunch was pizza provided by a local mobile pizza van. For those who wanted we were able to have individual photos taken with their resident draft horse.

It was a lovely day overall and very inspiring seeing the faces of joy from our disabled riders, it certainly made us feel grateful that our Club is able to help out such a worthwhile organisation.



## A Touch of Compassion

**M**onday 12 August saw our first night of our regular commitment at A Touch of Compassion.

Ann, Stephen, Ray and Kelli helped out where needed from cutting up fruit salad in the kitchen, packing the produce boxes for the families to take home, assisting at the table of blessings, serving and washing up.

From set up to pack up the team at A Touch of Compassion have the evening down pat and it's great to see everyone get in and lend a hand. The Kiwanis team assisted with bringing some treats for the kids, home made sausage rolls (thanks Kerry!), chicken nuggets and chocolate or vanilla iced cake which were well received and disappeared quickly.

*Just a reminder to please keep your clean and washed ice cream containers (or any large containers really) so the team can take them out each month as they use these to put left overs in for the families to take home.*

In addition, if you have some large plastic serving trays at home that you no longer require A Touch of Compassion would gratefully take them off your hands.



## Brisbane Basket Brigade

**B**risbane Basket Brigade held a Bunnings BBQ Fundraiser (not just a Kiwanis activity 😊) at Bunnings Cannon Hill.

Kiwanis BBQ experts, Ruthven and Jennifer assisted on the day

All proceeds raised will go towards providing warmth and love at Christmas with groceries and gifts to families in need.



## Over 50's Expo

**F**or the Fifth year, Centenary Police Beat and their Volunteers in Policing hosted their annual Over 50's expo to celebrate Queensland Seniors Week in August.

The free expo includes guest speakers, 60 displays from local community groups, Government and business as well as a free morning tea and lunch.

The focus of the expo is on health, safety and promoting our local groups who cater to seniors.

It is estimated that almost 600 seniors were provided lunch by our team of Kiwanis members.





## DanDaLion Walk

**W**ALKING TO Charleville.....

Hold the bus though, walking to Charleville - strewth that's 745 Kms.....  
It's our first outing with DanDaLions and it's a tall order. Undaunted we threw ourselves in boots N' all.

Thank goodness the task was laps around Rocks Riverside Park, by lots of people, to make up the equivalent number of kilometres (Phew!)

DanDaLion Friends had organised the event to raise funds. We agreed to assist providing:-

1. Our BBQ kit to the year 12 students from Ambrose Tracey College - providing support.
2. Ran the registration desk for the day.
3. Walked as a team.

Some members had an early start at 7.30, fortunately it was a glorious Queensland winters day, blue sky reaching to the horizon. The whole event ran like clock work. So many entrants, so many questions about our club.

We had a heap of fun, helping such a great crew, making our first event with DanDaLion Friends so enjoyable and successful.

Thank you to everyone who made our commitment possible.





# Kiwanis Brisbane meets Kiwanis Rodez

In a remote area of southern France, two of our Kiwanis Club of Brisbane members were fortunate to be offered wonderful french hospitality by the Kiwanis Club of Rodez.

Members entertained us with a beautiful french lunch and a walk around the local area of Rodez.

It is great to speak to a Club on the opposite side of the world and find that their objectives and motivations are no different to ours.

They also encounter the same issues with membership growth and the aging demographic of the current volunteer workforce.

One of their members recycle bicycles to donate to children and they also have a program to offer disadvantaged kids a flight in a plane which they would otherwise never have the opportunity to do.

One of their main fundraisers is a Chocolate Festival in November. As it happens it is on our editor's birthday (how apt 😊)

It was a great experience and we thoroughly recommend travellers to investigate the Kiwanis Club in the areas they holiday.





# SAFE BIKING THROUGH KIWANIS

JENNIFER MORLAN | AUG 16, 2019

Every May, children from Berlin, New Hampshire, look through rows and rows of bike helmets. For older kids, there are sleekly designed black, silver and red ones. Younger kiddos can pick helmets covered with pink flowers, bright lightning bolts or animated TV characters. And they are all free to families who attend the Kiwanis Club of Berlin's Bike Rodeo.

"The kids are so excited that they get to pick out their own helmets," said club President Tim Beaulac. "They'll say 'Oh, this is for me?'"

The club has distributed bike helmets for 25 years, but club members were worried they wouldn't be able to give away as many this year. Two retailers that had donated helmets and money in the past stopped participating.

Thanks to a grant from the Kiwanis Children's Fund, the club continued the program, giving away 250 helmets to kids from Berlin, as well as nearby Gorham and Milan.

"The Children's Fund really helped us keep the integrity of the program," Beaulac said.

In addition to new bike helmets, the kids learn about bike safety, take their bikes for a spin around an obstacle course and interact with Berlin and Gorham police officers.

Berlin club members also perform bike inspections and routine maintenance. It's not unusual to see volunteers huddled around tiny bikes with training wheels.

"These guys have great personalities and really enjoy interacting with the kids," Beaulac said.

After the rodeo is over, the club gives remaining helmets to the police departments. Officers keep some in their patrol cars in case they spot children riding without helmets.



# A JAPANESE KIWANIS CLUB PROVIDES RESTORED BIKES FOR CHILDREN

JACK BROCKLEY | SEPT, 2019

Bicycles, bicycles, everywhere, bicycles. They come to Cambodia from across southeast Asia by the thousands. They're worn out, broken and unwanted. Stacked eight feet high on tuktuk trailers, they're pattered through the congested streets of Phnom Penh to Heng Ly Market, where stall after stall and street after street are packed with bicycle-recycling shops. There, their *déraillleurs* are replaced, wheels are re-spoked and faded frames are painted. If they're lucky, a bell and basket are attached to their handlebars, and they're given to the best kind of owners on Earth: children.

On a warm June Wednesday, Cambodia and Japan Kiwanians arranged 50 bicycles handlebar-to-handlebar in a shaded corner of Sen Sok Primary School's spacious courtyard. Students rang bells, plucked chains and rubbed down tube labels that read "Kiwanis Club of Fukuoka, Japan." Bolder kids jumped into the seats and, with the kickstand holding the rear wheel off the ground, pedaled in place.

Six members of the Fukuoka Kiwanis Club flew to Phnom Penh from Japan to present the 50 Heng Ly Market-restored bikes to 50 Sen Sok students. It was a special day for the children, who have faced a lot of difficulties in their young lives. Many of them formerly lived in an inner-city area where fires were frequent and sometimes tragic. Recently, the government relocated the residents to Sen Sok, a new community being built on the northwestern edge of the capital city. Though they now live in safer surroundings, the families still must cope without some basic needs.

"Some families can't afford to buy the uniforms their kids are required to wear to school," says Thor Koeun, past president of the Kiwanis Club of Phnom Penh. Founded in 2013, the Phnom Penh club has established a reputation for serving children, regularly distributing supplies, delivering food and purchasing uniforms for area schools. Through their involvement in the Kiwanis Asia-Pacific region, the Cambodian Kiwanians have plugged into an interest among other Kiwanians to help. Working with area schools, the Phnom Penh club compiles and shares lists of needed items with other Asian clubs, whose members visit Cambodia with gifts of soap, shampoo, sugar, rice and, perhaps most popular among students, bicycles.



Three years ago, the Fukuoka Kiwanis Club established a sister-club relationship with the Phnom Penh Kiwanians and arrived to give away 50 bikes to students at Hun Sen Kompong Phnom High School. This past June, they returned to Cambodia. This time, to Sen Sok.

"Sen Sok Primary School has more than 1,000 students," says Uk Chanveasna, president of the Phnom Penh Kiwanis Club. "Of these, the school identified 165 poor children. Because we had 50 bikes, they narrowed the list down to the poorest of the poor. The other 115 children received school supplies."

Following a ceremony of introductions, remarks and a song performed by the children, the Kiwanians led the 50 chosen students one-by-one to their new bikes. One girl claimed her green 10-speed with a tight hug around the basket. A boy pulled his ride out of the pack, walked around the corner of a classroom and checked it out in private. Tires were pinched. Brake levers were squeezed. And the jingle of handlebar bells played across the courtyard.

Fukuoka Kiwanis Club President Naofumi Sato was happy. "The Cambodian children were unusually excited," Sato says, "and the fact our project could be that effective gave us confidence that it was beneficial."

Bicycles, bicycles. Bicycles for riding to school. Bicycles for riding to a friend's house. Bicycles for running errands. Bicycles for fun. Bicycles for kids.



## Getting to know our Members.....

Do you know the person who sits next to you at our meetings? Each Newsletter we will provide a small insight into each of our members and perhaps a conversation starter to find out more.....

**Full Name:** Patrick Ruthven Stewart Underhill  
**Where are you from?** North Sydney  
**Family?** Jen and 2 sons, Tom and Nick  
**Where did you go to School?** St Aloysius, Sydney  
**What has been your main job during your working life?** Credit Management  
**When did you start volunteering?** 23 with Amnesty International  
**What would you do if you won lotto?** Retire and travel  
**Favourite Type of Food** All well made food  
**Favourite Animal?** Dog  
**Do you speak any other languages?** No  
**Do you play any musical instruments?** No  
**If you had to describe yourself as an animal what would it be?** A lovable puppy



## What's Coming Up



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>October</b>			1 Guest Speaker Dinner Meeting	2	3  MCM Meeting	4	5
	6 CK4K High Tea	7	8	9	10	11	12
	13	14	15 Club Dinner Meeting	16	17	18 Hear and Say Loud Shirt Day	19
	20	21	22	23	24	25 Movies in the Park	26
	27	28 Bunnings BBQ	29	30	31		

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>November</b>						1	2
	3	4	5 Guest Speaker Dinner Meeting	6	7 MCM Meeting	8	9
	10	11	12	13	14	15	16
	17	18	19 Dinner Meeting	20	21	22	23
	24 🎁 Jennifer	25	26	27	28	29	30

## Brisbane Club Achievements

For the year ending August 2019, the Brisbane Kiwanis Club Members have volunteered 1,448 hours and raised \$15,380.

During the last 3 months, we have financial donations as follows:

❖ MD Queensland	\$500	❖ Project Linus	\$1,000
❖ Care Kits for Kids Qld	\$1,200	❖ McIntyre Riding for the Disabled	\$2,000
❖ Heartkids Aust	\$1,000	❖ Kiwanis Charitable Foundation	\$220
❖ Kiwanis Childrens Fund	\$220	❖ Eliminate Project	\$1,000
❖ Barrett Special School	\$500	❖ DanDaLions	\$500

Causes the Brisbane Club Supports	2018/2019
<b>4074 Community and Beyond</b> - local community run group holding events to benefit charitable organisations.	✓
<b>Amani Soccer Club</b> - offering immigrant children the opportunity to play soccer while assisting integration into our community.	✓
<b>A Touch of Compassion</b> – Provides meals and groceries for families in the Community in need.	✓
<b>Brisbane Basket Brigade</b> – providing food and gift packages at Christmas time to disadvantaged families	✓
<b>Care Kids for Kids Queensland</b> - distributing Care Kits for children in crisis or care, from new or handcrafted donations by various sewing and craft groups and the general public.	✓
<b>Eliminate</b> – Kiwanis / UNIEF Program to stop newborns and mothers dying from tetanus	✓
<b>Giving Grannies</b> - to help struggling families in need, particularly when a new baby is on the way.	✓
<b>Good News BookFest</b> - supporting a local primary school to raise funds for the P&C to assist providing additional learning opportunities for students.	✓
<b>Goodna Street Life Helping Hands</b> - an organisation set up to build and maintain a Center for the homeless and needy people of our area.	✓
<b>Heartkids Australia</b> - research into Children's heart disease	✓
<b>Heartkids Queensland</b> – supporting families with children affected by heart disease	✓
<b>Kiwanis Australia District Charitable Foundation</b> – provides grant funding for projects, initiatives and programs focussed on improving community health and wellbeing for those most in need and for improved life outcomes for the disadvantaged.	✓
<b>Kiwanis Childrens Fund</b> – various worldwide projects	✓
<b>McIntyre Centre</b> - equestrian programs for people with a disability for the purpose of education, enjoyment, recreation, sport, and therapy.	✓
<b>MD Queensland</b> -dedicated to people who live with muscular dystrophy and similar conditions and their families, throughout all of their lives.	✓
<b>Miles Community</b> – assistance to drought affected families in conjunction with QCWA through provision of essential school resources.	✓
<b>Miraa House</b> - a learning life skills centre for women aged 17 and over with an intellectual disability.	✓
<b>MS Queensland</b> – To help people living with MS to get the best out of life; to advocate for change and to search for a cure.	✓
<b>Mt Ommaney Special School</b> - providing engaging, relevant curriculum and innovative, specialised teaching in partnership with families and the community in a safe, supportive environment.	✓
<b>Pillows 4 Oncology Kids</b> - producing and providing children's pillowcases to hospital wards to brighten the stay of the patients and their siblings.	✓
<b>Project Linus</b> - provide homemade quilts to children in need. Support children in hospitals, special schools, refuges and other organisations	✓
<b>RSL Centenary Branch</b> - offering advice and support to all current and former Australian Defence Force members and their families.	✓
<b>Salvation Army</b> - provides social services without discrimination to members of the community	✓