Kiwanis Club of Brisbane

Improving the World, One Child and One Community at a time.







Issue 24 | Jan 2020 – Feb 2020

PRESIDENT'S REPORT

As expected, January and February are quiet months. However, it's a nice way to ease into the new year. We have had a couple of Bunnings BBQ's, which are always fun, and lucrative. The day I was on was a particularly good day, and more than a little warm.

The most significant event has been the Tea Gardens Division 2 mini-conference. There were 11 of us who drove down for the weekend event. It's always wonderful to have such a strong showing from our club.

The convention provides two key purposes. Firstly, to catch up and renew friendships with the members of our fellow clubs, and secondly discussing the business of our division.

On Saturday we met to receive training from Jan Hyde (Past Governor). Jan did an excellent job focusing on where we are going in the future. Not so much Kiwanis, but rather us as Clubs. In doing so we discussed club "I" Plans – Inspiration, Insight, Impact, Image and Investment.

It was also interesting to have a run down on the history of Kiwanis, the brand, and an idea of the Kiwanis HQ in the USA.

I should also mention that Mary Greenwood will continue as Lieutenant Governor for a Division next year. Congratulations Mary and thank you for your service.

Ruthven



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Committee for 2019/2020:

President:	Ruthven Underhill			
Vice President:	Ray Behn			
Secretary:	Kelli Schuh			
Treasurer:	Sharon Baldwinson			
Directors:	Jennifer Sorrenson			
	Trish Madsen			
	Marie Simpson			
Projects Team Leader:	Ann Earle			
Newsletter Editor:	Trish Madsen			
Guest speaker Coordinator:	Ray Behn			

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February 2020:

Ian Hulse and Celeste Baker from Mamre

On Tuesday 4th February we had Ian Hulse and Celeste Baker from Mamre as guest speakers. Mamre is a Newmarket based non- profit organisation committed to working in partnership with people with a disability and their families to inspire, embolden and empower towards a better future. The word "Mamre" means "*Mountain of friendship*" in Hebrew.

At the core of Mamre is the Mamre Community, an intentional community affirming and upholding the worth of every person in society, whilst continuously seeking positive, social change. From Mamre's early beginnings in 1982, the fundamental values of inclusion, relationships and friendship have continued to remain paramount.

At the centre of all they do is kindness, compassion with understanding and acceptance. Kindness and generosity helps us feel more connected and feeling connected melds us together. You just need to be a good human.

No longer government funded, community programs have taken a hit but they are determined to bring back community events, programs and initiatives. Right now, they are busy applying for grant funding and fundraising to bring likeminded people together to join our tribe.

The most important piece of information that Ian delivered however is that every Friday is cupcake Friday and everyone is welcome in the Mamre kitchen!



If anyone has any ideas or contacts for Guest Speakers, please contact Ray Behn, <u>ray.behn@gmail.com</u>

Tea Gardens Convention

Kiwanians from three Australian States descended upon Tea Gardens, north of Newcastle for the 2020 Division 2 Conference held over the weekend of 20th - 23rd February. Eleven of these were from the Brisbane Club.

Tea Gardens in NSW an almost 9hr drive with constant changing of speed limits (typical NSW) certainly felt more than 9 hours of driving especially on the way home but some of us took it slowly with a few stops and a little shopping and made it a little easier to bear.

Once we had checked into our hotel, we enjoyed a welcome drink with the other attendees in the courtyard, followed by a casual dinner at the Tea Gardens Hotel down the road. Trivia was the afterdinner activity run by Jeff from Sydney Club. Unfortunately, Queensland did not come away winners, but we had a great try and did not resort to cheating which I believe NSW may have needed to do.

Saturday morning is the formal part of the weekend which was a short business meeting and election of the position or Lt Governor for the 2020/2021 year. Our current Lt Governor, Mary Greenwood was re-elected into the position for a second term. Jan Hyde, past Australia District Governor conducted training and education on Kiwanis International, Kiwanis Australia and provided direction with regard to the District's IPlan and individual Clubs' IPlans, (Annual Strategic Plans).

The Sunshine Cup Challenge was fiercely competed for on the Saturday afternoon and was taken by Bob Funnell and Rae Pidgeon. Bob was a little concerned being partnered with a novice player but obviously beginner's luck. Not sure what happened to the Queensland teams. I think the southern states practice. Well done!

The Saturday night is always an event not to be missed. Bryen and Gaile Smith and his crew organised the evening while Maxine McKinney prepare the room with suitable themed decorations. This year it was 'Back to School". We had many school kids, university graduate, cool kids and teachers amongst the attendees. There was a Naughty Corner which some members spent time in for bad behaviour and tuckshop order bags to be handed in. We dined on pies, sausage rolls and pasties to start and finished with lamingtons, vanilla slice and apple pies. Washed down with brandy alexanders, beer and wine – not sure who did this at school!

Maxine organised games such as tunnel ball and hockey which filled the room with laughter. We all had to put two descriptive words about ourselves in a balloon which were handed out and everyone had to find the owner of the note. It was a great way to talk to people and learn something about someone else, whether it was something you wanted to know or not – eek!!

Everyone who attended had a great weekend away with each other. It's a great experience and every member should go at least once just to meet with similar focus members in Kiwanis.



At the Feb 4th meeting Dianne Dawson was presented with a Legion of Honour certificate and badge to acknowledge her 25 years' service as a Kiwanis member.

Dianne explained to the group how her involvement in Kiwanis started. Dianne used to host overseas students at her home and there was one from Taiwan. When Dianne visited that student's family in Taiwan she learnt about Kiwanis as the girl's father belonged to a Taiwanese Kiwanis club. So when Dianne returned from her holiday she made contact with a Qld club. She joined on 24th Jan, 1995. Thank-you Dianne for your outstanding service!



Kiwanis in the Community

Bunnings BBQ

The Australia Day BBQ was by all accounts a sizzler! Marie reported that it was a busy, hot day. Some 54.5 kgs of sausages were cooked and served and 302 drinks were sold. Gross takings were over \$2000 with a net profit of \$1653. Well done everyone.

The February BBQ was a little slower than usual but that's normal for February. Some 15 kg sausages were sold with \$569.10 takings for the day which gave an approximate net profit of \$335.00.

As always, thanks to our Project Leaders, Graham and Marie Simpson.

A Touch of Compassion

A Touch of Compassion organisers Chris and Angela have a vision to see united communities coming together in support of one another, for the wellbeing of every individual. Chris and Angela, provide meals on Monday nights from produce sourced from Foodbank and other community service providers in addition to boxes of groceries, clothing, blankets etc. With the assistance of volunteers, they provide so much more to the community than just a meal. Our first roster is for Monday 9th March.



Book Boxes





The Book boxes project has made considerable progress. The 3 boxes shown in the photo opposite were made by Forest Lake Men's Shed. A huge thank-you to the Men's Shed for a great effort.

The boxes are currently with the girl guides being painted and decorated.

Their final location/s in the community is still being decided. Ideas on locations welcome.

The boxes will provide children with books to read in 2020.

Kiwanis International

An interesting insight into humility and leadership from Stan Soderstrom, the executive director of Kiwanis International....

"Leader" is a striking word. For many people, it evokes thoughts of power and personal accomplishment. It's like an image of someone standing on a mountaintop, looking out over conquered territory — or the territory they're about to conquer.

But it's important to remember the leadership qualities that don't always evoke such self-regard. One of my favorites is humility. I would even go so far as to say it's the most common characteristic among the effective leaders I've known.

It's worth thinking about why — and why it's such a misunderstood strength.

Some people perceive humility as an indication of weakness. For one thing, it doesn't always seem like a good match with the society around us. In a world of selfies, social media and other forms of "self-expression" (and instant gratification), the very concept of downplaying your own standing for the greater good seems out of step.

But leaders lead. Knowing what's happening in the world around you is a good thing, but it's not the same thing as conforming to every aspect of it. Humility, rather than self-promotion, helps leaders keep an eye on their actual purpose: the success of the team.

Whether you're leading a small crew or a large organization (or anything in between), the point of your work is to get the best from the members — both individually and as a group. Lose sight of that fact and you'll simply "lead" everyone collectively to a substandard result. And that only circles around to a verdict on your leadership that you wouldn't want to promote anyway.

In fact, the testimony of the people you work with is as powerful as anything you could say about yourself. What would your colleagues say about your leadership? My guess: it depends both on the overall success of a given project and how rewarding it was for each person to complete it.

After all, to be humble isn't to downplay success or pretend that achievements don't exist. It means acknowledging that various people contributed — and sharing the credit with them. It means collaboration rather than coercion. And it means honoring people when possible.

The results you get and the reactions you inspire are not separate matters. Positive results and positive feelings are not coincidental. But it's not a sign of "softness" in a leader either. Ultimately, it's a matter of respect. And respect is an outcome of good leadership.

Do the demands of a team's work — and the high expectations you have for each member — lead to results that everyone's proud of? Is it an experience that each person finds fulfilling? Does each team member feel truly appreciated?

If the answers are "yes," each of those people is also highly likely to think well of the person who led them. Because they recognize your humility not as weakness but its own kind of strength. It's a form of confidence that doesn't feel threatened by widespread responsibility and credit. It's the kind of leadership that requires great discipline and foresight — and seems all the more impressive when it's skillfully deployed.

Kiwanis Children's Fund provides grant to fight Iodine Deficiency Disorder



Children in Myanmar and Morocco will have a better chance to reach their full potential thanks to a US\$336,000 grant the <u>Kiwanis Children's Fund</u> awarded UNICEF to fight iodine deficiency disorders.

Millions of children in these countries are at risk of IDD. In Morocco, 40% of infants have poor thyroid functions, a result of their mothers not receiving enough iodine in their diets while they were pregnant. This can lead to lifelong repercussions on a child's learning ability and potential earnings as an adult.

In Myanmar, only one-third of the population has access to adequately iodized salt, the primary weapon against IDD, according to UNICEF USA. Over the past two decades, <u>UNICEF</u> has worked with the government to stress the importance of salt iodization, but compliance with national standards is low.

The effects of IDD can damage lives. An iodine-deficient diet can lead to severely impaired mental development, robbing a child of promise and potential.

Large-scale access to edible iodized salt remains the standard for controlling and preventing iodine deficiency disorders. The <u>Iodine Global Network</u> says salt iodization only costs two to five cents per child worldwide.

The grant, which was approved by the Children's Fund Board in February, will allow UNICEF to:

- Support the governments' efforts to improve their salt iodization programs.
- Improve quality control and operating systems of salt industries, including packing and distribution of iodized salt.
- Raise awareness and demand of iodization programs through communication, advocacy and social mobilization.

"We are pleased to be able to support the efforts to improve the lives of children in Myanmar and Morocco," said Children's Fund President Ann Wilkins. "Kiwanis has been dedicated to fighting IDD for many years, and this is yet another example of our commitment to this cause."

The fight against IDD is an ongoing one. Even in countries that have enjoyed great progress, sustainability is a key part of the effort for UNICEF and the Kiwanis Children's Fund. In fact, support for the Children's Fund has sustained the effort — bringing this life-changing initiative to more kids whose health and development depend on it.

What's Coming Up

save the Date!

1st Touch of Compassion

Monday, 9th March

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Dinner Meeting	4	5	6	7 Dianne
Ч	8	9 Touch of Compass -ion	10	11	12 MGM Tricia's 15 Buckle Crt, SP	13	14 Miraa House High Tea 2.30 pm
March	15	16	17 Dinner Meeting	18	19	20	21
	22	23 Bunnings BBQ	24	25	26	27	28
	29 Neighbour Day Gill	30	31				

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3	4
Ē	5	6	7 Dinner Meeting	8	9 MGM	10	11
April	12 Wayne	13	14	15	16	17	18
	19 Matt Bourke's Farewell	20	21 Dinner Meeting	22	23	24	25 Anzac Day
	26	27 Bunnings BBQ	28	29	30 Ray		



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1	2
٧٤	3	4	5 Dinner Meeting	6	7 MGM	8	9
Мау	10	11 TOC Carol Park	12	13	14	15	16
	17 MD Hog Ride	18	19 Dinner Meeting	20	21	22	23
	24	25 Bunnings BBQ	26	27	28	29	30

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For the 12 months ending February 2020, the Brisbane Kiwanis Club Members have volunteered 2,106 hours and raised \$15,735.

During the last 2 months, we have financial donations as follows:

Brisbane Basket Brigade \$1000

Causes the Brisbane Club Supports	2018/2019
4074 Community and Beyond - local community run group holding events to benefit charitable organisations.	~
A Touch of Compassion – Provides meals and groceries for families in the Community in need.	~
Brisbane Basket Brigade – providing food and gift packages at Christmas time to disadvantaged families	~
Care Kids for Kids Queensland - distributing Care Kits for children in crisis or care, from new or handcrafted donations by various sewing and craft groups and the general public.	~
DanDaLions - seek to nurture the inclusive mindset in future generations and redefine the value of those with 'diffability' in our community	✓
Eliminate – Kiwanis / UNIEF Program to stop newborns and mothers dying from tetanus	1
Good News BookFest - supporting a local primary school to raise funds for the P&C to assist providing additional learning opportunities for students.	~
Heartkids Australia- research into Children's heart disease	1
Heartkids Queensland – supporting families with children affected by heart disease	~
Kiwanis Australia District Charitable Foundation – provides grant funding for projects, initiatives and programs focussed on improving community health and wellbeing for those most in need and for improved life outcomes for the disadvantaged.	~
Kiwanis Childrens Fund – various worldwide projects	1
McIntyre Centre - equestrian programs for people with a disability for the purpose of education, enjoyment, recreation, sport, and therapy.	~
MD Queensland -dedicated to people who live with muscular dystrophy and similar conditions and their families, throughout all of their lives.	~
Miles Community – assistance to drought affected families in conjunction with QCWA through provision of essential school resources.	~
Miraa House - a learning life skills centre for women aged 17 and over with an intellectual disability.	~
MS Queensland – To help people living with MS to get the best out of life; to advocate for change and to search for a cure.	~
Mt Ommaney Special School - providing engaging, relevant curriculum and innovative, specialised teaching in partnership with families and the community in a safe, supportive environment.	~
Pillows 4 Oncology Kids - producing and providing children's pillowcases to hospital wards to brighten the stay of the patients and their siblings.	~
Project Linus - provide homemade quilts to children in need. Support children in hospitals, special schools, refuges and other organisations	~
RSL Centenary Branch - offering advice and support to all current and former Australian Defence Force members and their families.	1
Salvation Army - provides social services without discrimination to members of the community	~